

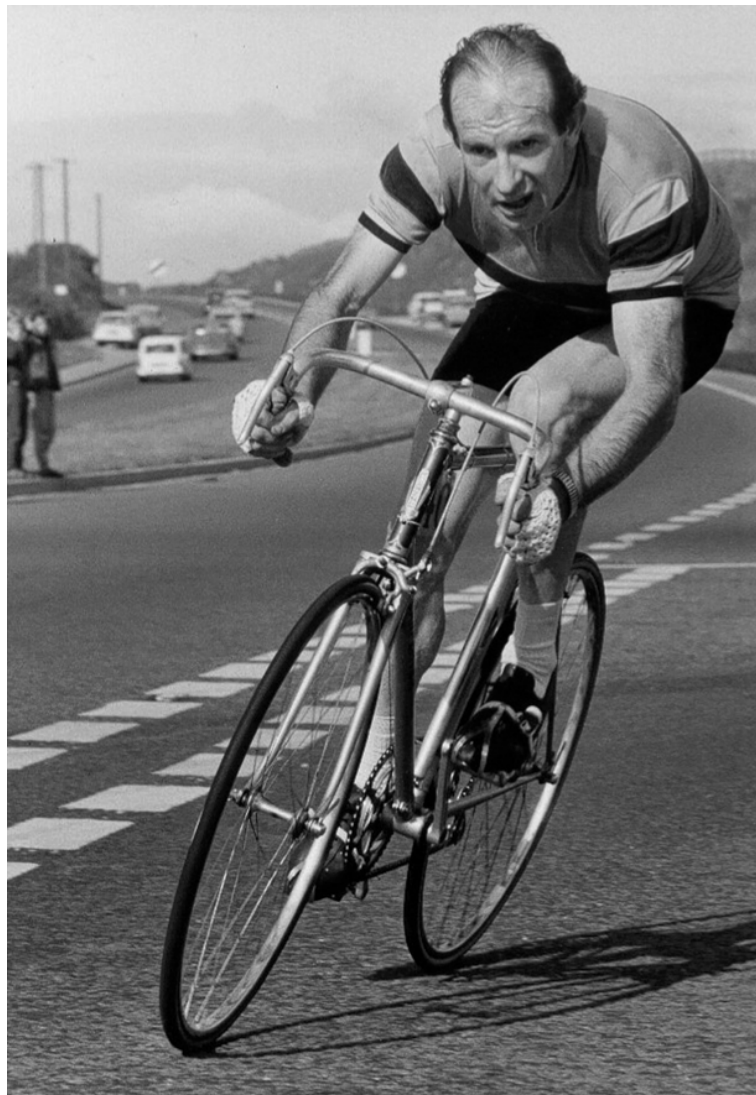
NORWOOD PARAGON

CYCLING CLUB

Founded 1904

Open 25 Mile Time Trial for the Robin Buchan Memorial Salver

Start Sheet



8th May 2016

Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations

Course: G25/54
Headquarters: Broadbridge Heath Leisure Centre

ROBIN BUCHAN

If ever there was a forthright and colourful character in the Norwood Paragon it was Robin Buchan. Although a Midlander, born in Stratford upon Avon in 1933, he became a highly regarded Southerner who missed a unique record of being a British Time Trial Champion at the extreme limits of 25 miles and 24 Hours by a mere 2 seconds. He won the 24 Hour title in the Catford Cycling Club event of 1971 with 483.84 miles and missed the 25 mile title, won by Gordon Ian in 1955 by just two seconds!

He was equally impressive in road races and on the track. A member of the British team to the 1960 Olympics in Rome for both road and track teams, held a first category road licence and was a formidable contender in madison, pursuit and tandem paced races on the track.

A measure of his abilities in 1970 can be gauged from 16 open time trial and 3 road race wins, Club records at 50 and 100 miles and 11th place in the BBAR. A year later he improved to 3rd place in the BBAR, set the country's fastest '50', won the CTC BAR and further reduced the Club's 50 and 100 miles records.

Sadly, however, Robin never achieved one of his life long ambitions, the Lands End to John O'Groats End to End record, which he had scheduled for June 1976. Out on a mile eating training run in preparation for this, on April 4th 1976, the pneumonia virus that he had been fighting, overcame him and he died awheel on his adopted beloved Surrey roads.

Previous Winners of the Open 25 Mile Time Trial Robin Buchan Memorial Salver

1979	R Keeble	34th Nomads	59:27
1980	M Wilcox	Bec CC	55:58
1981	M Ballard	Unity Hire Economy	56:41
1982	T Stevens	34th Nomads	54:48
1983	M Ballard	Unity Hire Economy	54:12
1984	U Drake	South Eastern RC	58:18
1985	S Barnes	Lewes Wanderers CC	57:14
1986	P Hamilton	Wren Wheelers CC	56:39
1987	P Danckwardt	Worthing Excelsior CC	58:30
	P Hamilton	Wren Wheelers CC	58:30
1988	C Pugh	Team Chiltern CC	55:27
1989	P Goodsell	Central Sussex CC	57:03
1990	P Hamilton	Wren Wheelers CC	57:49
	P Bull	Gemini BC	57:49
1991	K Andrewartha	Southend & County Wheelrs	57:33
1992	B Drew	Wembley RC	55:21
1993	G Butler	RT Italia	51:47
1994	S Shand	Olympia Sport	55:45
1995	G Butler	Norwood Paragon CC	51:43
1996	C Smith	Old Portlians CC	54:22
1997	P Watkins	Wembley RC	54:44
1998	T Stevens	Team Clean-Freshstart	52:44
1999	K Reed	34th Nomads	55:41
2000	M Hutchinson	Bio RT	50:56
2001	M Hutchinson	Team MDT D Giant	51:11
2002	S Yates	Team Clean-Freshstart	51:57
2003	K Coffey	Bec CC	53:54
2004**	S Dangerfield	Science in Sport	48:44
2005	T Stevens	34th Nomads CC	53:56
2006	L Harding	www.agiskoviner.com	53:03
2007	S Dennis	East Grinstead CC	54:1
2008	L Harding	www.agiskoviner.com	51:17
2009	S Dennis	East Grinstead CC	52:45
2010	M Coyle	Brighton Mitre CC	54:30
2011	N Dywer	Lewes Wanderers CC	53:27
2012	S Dennis	East Grinstead CC	53:01
2013	S Kane	Brighton Excelsior CC	55:08
2014	P Tadros	In-Gear Quickvit Trainsharp RT	53:31
2015	C McNamara	Pedal Heaven	52:06

** Men's National Championship

CTT LONDON SOUTH DC - COURSE G25/54

OS Ref	Details	Inter Dist	Cum Dist
164324	START in Robin hood Lane at Clearway sign about 5 yards from Robin Hood RBT	0.00	0.00
168333	Proceed to Robin Hood RBT. LEFT 1st exit and follow A24 to Great Daux RBT RIGHT 2nd exit and follow A264 via Rusper Road RBT, to Moorhead RBT. LEFT 1st exit and continue on A264 via Faygate RBT and Kilnwood Vale RBT's to Bewbush Manor RBT. Straight	0.60	0.60
256353	on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where TURN (CHECK) 4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 to to Moorhead RBT. Right 2nd exit and continue on A264 via Rusper Road RBT to Great Daux RBT.	5.91	6.51
168334	LEFT 1st exit and follow A24 to Robin Hood RBT where TURN (CHECK)	6.69	13.34
169333	Proceed to Great Daux RBT. RIGHT 2nd exit and follow A264 via Rusper Road, to Moorhead RBT. Left 1st exit continue on A264 via Faygate and Kilnwood Vale RBTs to Bewbush Manor RBT. Straight on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where TURN		
256353	(CHECK) 4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 to Moorhead RBT. RIGHT 2nd exit and continue on A264 via Rusper Road RBT to FINISH at white line at eastern edge of lay-by where edge of lay-by becomes parallel to A264 .44 mile west of	6.51	19.89
180335	Rusper road RBT	5.11	25.00

Notes:

1. No vehicles, except those of the timekeeper and event officials, shall be parked in the vicinity of the start and finish points.
2. Competitors are requested not to warm up on the course after the first competitor has started.
3. Details of any additional hazards will be displayed or advised at the Signing On Point. All competitors must take note of these details when they sign on.
4. Competitors must exercise extra care when negotiating all RBTs, particularly Breezehurst RBT on outward leg where the line of sixth to the RIGHT is poor and when turning RIGHT at Moorhead RBT on the return leg.
5. No times will be given at the Finish.

HEADQUARTERS

Broadbridge Heath Leisure Centre

Wickhurst Lane, Broadbridge Heath, Horsham, RH12 3YS

Rider's numbers will be at the event headquarters and exchanged for a drink after the event.

From Farthings Hill Interchange take the A264 towards Guildford. At the first roundabout (0.4 miles) take the 1st exit onto Wickhurst Lane. Follow signs for Leisure Centre car park (0.2 miles).

Please note, there should be sufficient parking within the Leisure Centre car park, however, if this is not the case and riders choose to park in the Tesco car park opposite, be aware of the 3 hours time restriction.

The Cafe of the Leisure Centre will be used exclusively as the HQ and riders can change in this area or the Leisure Centre's changing facilities. The Cafe is on the right immediately after the Reception. Please be respectful and considerate to the Leisure Centre Staff and other users of the Leisure Centre. Bikes are not allowed in the HQ, but the tennis courts will be open and bikes can be left in there - they are visible from the Cafe area.

STARTING ORDER

No.	CTT No.	Rider	Club / Team	Group	Cat / Age	Start Time
20	5185	Colin Gray	Norwood Paragon CC	D	V 54	06:50
21	5114	James Woodward	Sussex Revolution VC	A		06:51
22	3762	Paolo Nistri	Albarosa CC	C	V 41	06:52
23	525	Sam Winter	Eastbourne Rovers CC	D		06:53
24		Alan Walker	South Eastern RC	E	V 69	06:54
25	5240	Paul Thompson	Epsom CC	A	V 50	06:55
26	753	Peter Moon	Eastbourne Rovers CC	B	V 55	06:56
27	880	Ian Ohara	Sydenham Whs	C	V 44	06:57
28	4750	Michael Gates	Maison du Velo - Storck Bikes	D		06:58
29	727	Peter Eames	Eastbourne Rovers CC	E	V 53	06:59
30	1365	Howard Bayley	Blazing Saddles		V 41	07:00
31	4083	Rupert Robinson	Evans Cycles Race Team	A	V 44	07:01
32	5218	Nick McCormick	Epsom CC	B	V 52	07:02
33	2829	Charles Dennison	Southborough & Dist. Whs	D	V 44	07:03
34	1585	Paul Batten	Crawley Wheelers	E		07:04
35	5331	Michael Coyle	Brighton Mitre CC	A	V 53	07:05
36	1798	Lee Pendlebury	Crawley Wheelers	B		07:06
37	3629	Colin Barton	Worthing Excelsior CC	C	V 55	07:07
38	4251	Wayne Brown	Oxted Cycle Club	D		07:08
39	5175	Jez Parsons	Brighton Excelsior CC	E	V 50	07:09
40	4746	Brindley Taylor	Crawley Wheelers			07:10
41	1662	Jonathan Pontin	Addiscombe CC	A		07:11
42	1984	Nick Jenner	Crawley Wheelers	B		07:12
43	3417	Adam Grange	East Grinstead CC	D	V 46	07:13
44	3093	John Allen	VO2 Maximum RT	E	V 50	07:14
45	4433	James Stuart	Norwood Paragon CC	A	V 41	07:15
46	4368	Steven Anyon	ONE Triathlon RDS	B		07:16
47	4350	Neil Couchman	Southborough & Dist. Whs	C		07:17
48	5012	Ian Newbold	Eastbourne Rovers CC	D	V 43	07:18
49	4539	Edward Harris	Evans Cycles Race Team	E		07:19
50	5604	Mark Brambleby	Northover VT / Rudy Project		V 50	07:20
51	4276	Stu Nisbett	Crawley Wheelers	A	V 42	07:21
52	4817	Freddie Luff	GS Stella	B	V 58	07:22
53		Philippa Jenkins	Southborough & Dist. Whs	D	W	07:23
54	2715	Michael Leonard	South Downs Bikes / Casco Europe	E	V 52	07:24
55	4814	Mark Jones	GS Stella	A	V 56	07:25
56	2292	James Stone	Brighton Excelsior CC	B	V 47	07:26
57	3409	Geoff Smith	Eastbourne Rovers CC	C	V 65	07:27
58	3858	Matthew Evans	Southborough & Dist. Whs	D	V 54	07:28
59	3921	Rome Bhamra	Worthing Excelsior CC	E	V 49	07:29
60	3702	Richard Tully	Elite Cycling			07:30
61	1493	Rory Barrett	Southborough & Dist. Whs	A		07:31
62	4303	Colin Chambers	Crawley Wheelers	B	V 51	07:32
63	2279	Andrew Green20	Old Portlians CC	C	V 50	07:33
64	5108	Jez Shotter	Brighton Excelsior CC	E	V 46	07:34
65	5003	Peter Hooper	Eastbourne Rovers CC	A		07:35
66	5019	Marcus Brueton	Norwood Paragon CC	B	V 44	07:36
67	3652	Donald Parker	Brighton Mitre CC	C	V 67	07:37
68	1876	Bruce English	Eastbourne Rovers CC	D	V 51	07:38
69	148	Chris Brewer	Redmon CC	E	V 55	07:39
70	4296	Steven Kane	Brighton Excelsior CC			07:40

No.	CTT No.	Rider	Club / Team	Group	Cat / Age	Start Time
71	327	Ian Hodge	Southborough & Dist. Whs	A	V 57	07:41
72	3757	John Tindell	Brighton Phoenix Triathlon Club	B		07:42
73	5768	Peter Rowe	Southborough & Dist. Whs	C	V 51	07:43
74	42	Jonathan Gough	Old Portlians CC	E		07:44
75	4537	George Welfare	Eastbourne Rovers CC			07:45
76	4783	Dougie Fox	Crawley Wheelers	B	V 60	07:46
77	714	Martin Booker	Worthing Excelsior CC	C	V 47	07:47
78	1813	Richard Woodward	East Grinstead CC	D	V 54	07:48
79	3912	Elliot Brown	Eastbourne Rovers CC	E		07:49
80	4719	Mark Smith	Crawley Wheelers		V 42	07:50
81	3794	Dominic Maxwell	Worthing Excelsior CC	A	V 43	07:51
82	4998	Simon Mitchell	Horsham Cycling	B	V 45	07:52
83	5342	Alasdair Wylie	Redmon CC	C	V 40	07:53
84	4209	Andrew Thomas	Southborough & Dist. Whs	E	V 52	07:54
85	4487	Iain Brogden	Eastbourne Rovers CC		V 47	07:55
86	1824	Nick Eisinger	Dorking Cycling Club	B	V 43	07:56
87	3616	David Clark	Eastbourne Rovers CC	C	V 47	07:57
88	3548	Russell Hicks	Oxted Cycle Club	D	V 62	07:58
89	2404	Katerina Avramides	Brighton Mitre CC	E	W	07:59
90	5332	Steve Dennis	East Grinstead CC		V 52	08:00
91	3639	Carl Richardson	In-Gear Quickvit Trainsharp RT	A	V 51	08:01
92	4206	Christopher Filewood	Oxted Cycle Club	B		08:02
93	4426	George Higgs	Crawley Wheelers	C	V 48	08:03
94	850	Colin Toppin	Brighton Excelsior CC	E	V 43	08:04
95	3975	Matt Kuwertz	Southborough & Dist. Whs		V 41	08:05
96	4416	Jon Masters	Norwood Paragon CC	B	V 53	08:06
97	145	Rob Stephenson	Southborough & Dist. Whs	C	V 44	08:07
98	3636	Richard Carrington	London Dynamo	D	V 52	08:08
99	5156	Oliver Walker	South Eastern RC	E		08:09
100	4974	Chris Holmes	Norwood Paragon CC		V 40	08:10
101	2039	Ian Bashford	Old Portlians CC	A	V 60	08:11
102	4509	Paul Haywood	Epsom CC	B	V 41	08:12
103	174	Ade Fadero	Sussex Nomads CC	C	V 54	08:13
104	5029	Julia Hawksworth	Southborough & Dist. Whs	D	WV 52	08:14
105	773	Michael Davey	Eastbourne Rovers CC			08:15
106	3266	Peter Baker	Lewes Wanderers CC	A	V 58	08:16
107	3830	Madelaine Lee-smith	Oxted Cycle Club	C	WV 44	08:17
108	3716	Andrew Drake	East Grinstead CC	D		08:18
109	2879	Theo Tadros	In-Gear Quickvit Trainsharp RT	E		08:19
110	611	Mark Newton	Elite Cycling		V 49	08:20
111	2242	Stephen Ralston	London Dynamo	A		08:21
112	3202	David Rumm	Southborough & Dist. Whs	B	V 48	08:22
113	1421	Peter Doherty	South Western Road Club/Evans Cycl	C	V 49	08:23
114		Stephen Gaston	Lewes Wanderers CC	D	V 51	08:24
115	2947	Paul Byford	Crawley Wheelers		V 50	08:25
116	5287	Simon Smythe	Norwood Paragon CC	A	V 47	08:26
117	3725	Colin Harris	Lewes Wanderers CC	C	V 59	08:27
118	4454	Simon Underwood	CC Topp	D	V 45	08:28
119		Peter Horsfield	Redmon CC	E	V 65	08:29
120	1450	Peter Tadros	In-Gear Quickvit Trainsharp RT		V 45	08:30

AWARD VALUES

Fastest Time

£50 and the Robin Buchan Memorial Salver to be held for one year and an invitation to the Club Dinner and Prize Presentation.

<u>Second</u>	<u>Third</u>	<u>Fourth</u>	<u>Fifth</u>	<u>Sixth</u>
£40	£35	£30	£25	£20

Group A, B, C, D & E Award

Fastest time in each group £10

Vets on Standard

<u>Fastest</u>	<u>Second</u>
£15	£10

Fastest Lady: £20

Fastest team of three riders

£10 to each rider and Norwood Paragon CC medals

Special Award

£50 to winner if event record is broken (S Dangerfield 48.44)

Norwood Paragon CC members only

Mayne Cup - Fastest on Club Handicap, Imperial Wheelers Cup - Fastest Time

**** ONE PRIZE PER RIDER EXCEPT TEAM PRIZE and SPECIAL AWARD ****

Timekeepers:

Lesley Donington & Frank Cubis

Organiser:

Daniel Sullivan
85 Stamford Green Road,
Epsom,
Surrey
KT18 7SR

Telephone No. 07703 129495

Email: open25@norwoodparagon.co.uk

To whom any complaint should be made in writing within 48 hours of the event's completion

I hope you have an enjoyable and trouble free race.

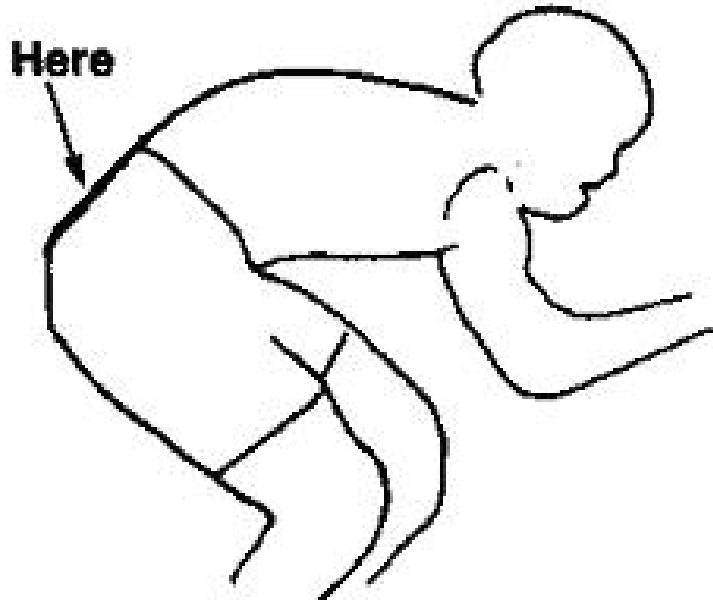
Safety Note: CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

POSITION OF RIDER'S NUMBER

In accordance with regulation 16, competitors must prominently display the number provided by the promoter, centrally positioned below the waist so as to be clearly visible from the rear when in his or her normal riding position.

No time may be recorded if number is not correctly positioned.



OFFICIAL OBSERVERS

In line with CTT Guidance Note 4, official observers will be stationed around the course.