



Promoted for and behalf of **Cycling Time Trials** under their rules and regulations

Sussex Cyclists' Association

Founded 1921

2016 President: **Mick Kilby - VTTA (Surrey/Sussex Group)**



25 Mile Time Trial – Sunday 1st May 2016 – Course G25/93 Incorporating Sussex 25 mile Championship

Event Secretary

Steve Dennis (East Grinstead CC)
15 Sherwood Walk, Crawley, W. Sussex
RH10 6NQ
Tel: 01293 522721 – Mob: 07778 548979
E-mail: carla.dennis@sky.com

Timekeepers

Start: Mr Mike Irons (Worthing Excelsior CC)
Finish: Mr Mick Kilby (Lewes Wanderers CC)

Prizes

| | | | |
|-------------|-----------------------------|-------------------|----------|
| 1st Overall | £40 | 1st Lady | £25 |
| 2nd Overall | £30 | 2nd Lady | £20 |
| 3rd Overall | £25 | | |
| 4th Overall | £20 | 1st Team of Three | £10 each |
| 5th Overall | £15 | 2nd team of Three | £8 each |
| | | | |
| | 1st Vet on CTT Target Times | £20 | |
| | 2nd Vet on CTT Target Times | £15 | |
| | 3rd Vet on CTT Target Times | £10 | |

Sussex Championship awards for affiliated riders

Fastest overall **Boniface Cup**. Highest plus on CTT target time **Horry Hemsley Cup**. Fastest team of three **Lee Memorial Shield**. Medals are also awarded to each team member and individual riders in the following categories: Overall, Veteran on CTT Target Times, Women, Juniors and Juveniles subject to the number of entries in each category. All Championship trophies and medals will be presented at the Annual Prize Presentation Lunch.

Headquarters

Steyping Centre Fletcher's Croft, Steyping, BN44 3XZ
Open from 6:30 am.

OS Landranger sheet 198, grid ref TQ178 113
Google Maps Streetview link <http://goo.gl/maps/hkLKe>

Directions and car parking

Coming from the north: A24 / A283

Turn south in to Horsham Road and proceed on to Steyping High Street. At the mini roundabout turn **left** (NE) and proceed along Church Street pass the library & church, turn right into Steyping Centre.

Coming from the South: A27 / A283.

Second left off Bramber roundabout. Proceed up Clays Hill and continue on to Steyping High Street. At the mini roundabout turn **right** (NE) and proceed along Church Street pass the library & church, turn right into Steyping Centre.

Ample car parking is available at the Steyping Centre
Please do not wear cleated cycling shoes in the Hall. Thank you.



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Race Numbers

Numbers will be available at the event HQ. Please collect your number when you sign on.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

Please note: No times will be given out at the Finish

Warming up and to the Start

Competitors are requested not to warm up on the course after the event has started.

Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction.

Left and then immediate right on to B2135 for 0.4 miles.

Please pay attention to the following Safety Notes

London South District Regulation: No vehicles, except those of the timekeepers and race officials, shall be parked in the vicinity of the start or finish areas.

CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors Machines It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Additional notice for the 2016 Raw Energy Pursuits Steyning Triathlon

Please be aware that you may encounter Triathlon competitors who will be starting at 6.00am in the Steyning Leisure Centre. They will be using the A24 up to Ashington and the A283 between Washington and Bramber. Please take care after completing the course as the Triathlon riders will be continuing on into Steyning. Please ignore any non-cycling triangle signs, there will be marshals on all roundabouts but there may be other marshals for the Triathlon event.

Course details G25/93

Distance

| | |
|--|---------------|
| START on B2135 just south of entrance to Wappingthorpe Manor (Map ref TQ 172131). | 0.0 |
| Proceed north on the B2135 through Partridge Green to junction with A24. (M) | 6.708 |
| Turn left and proceed southwards on the A24 to Washington RBT. (M) | 12.519 |
| Turn left on A283 and proceed east, via Bramber and Beeding Court RBT (M) to Turn at Adur Bridge RBT. (M) | 20.987 |
| Retrace on A283 via Beeding Court and Bramber RBTs to Finish at paint mark on curb opposite TP3 about 25 yards before Canons Way. (Map ref TQ 181118). | 25.00 |

Course details can be viewed or downloaded from the SCA website at the link www.sussexca.org.uk/g2593.html

| Number | Name | Club | Cat. | Standard Time | Start Time |
|-----------|-------------------------|---------------------------------------|------------|-----------------|--------------|
| 2 | Nick Eisinger | Dorking CC | V43 | 01:03:53 | 07:02 |
| 3 | Andrew Drake | East Grinstead CC | S | | 07:03 |
| 4 | Jez Shotter | Brighton Excelsior CC | V46 | 01:05:18 | 07:04 |
| 5 | Mike O'Gorman | Worthing Excelsior CC | V64 | 01:14:31 | 07:05 |
| 6 | James Stone | Brighton Excelsior CC | V47 | 01:06:16 | 07:06 |
| 7 | Peter Rowe | Southborough & District Wheelers | V51 | 01:07:45 | 07:07 |
| 8 | Colin Toppin | Brighton Excelsior CC | V43 | 01:03:53 | 07:08 |
| 9 | Paul Townsley | Worthing Excelsior CC | V67 | 01:16:10 | 07:09 |
| 10 | Brian Molloy | Brighton Excelsior CC | V48 | 01:06:16 | 07:10 |
| 11 | Ian Cheeseman | Worthing Excelsior CC | V47 | 01:05:47 | 07:11 |
| 12 | Samuel Ramsey | Lewes Wanderers CC | V52 | 01:08:14 | 07:12 |
| 13 | Richard Carrington | London Dynamo | V52 | 01:08:14 | 07:13 |
| 14 | Adam Grange | East Grinstead CC | V46 | 01:05:18 | 07:14 |
| 15 | Ian Bashford | Old Portlians CC | V60 | 01:12:21 | 07:15 |
| 16 | John Marinko | Brighton Mitre CC | V50 | 01:07:15 | 07:16 |
| 17 | David Clements | Eastbourne Rovers CC | V44 | 01:04:21 | 07:17 |
| 18 | Barrie Robinson | Sunderland Clarion | V46 | 01:05:18 | 07:18 |
| 19 | Ian Ohara | Sydenham Wheelers | V44 | 01:04:21 | 07:19 |
| 20 | Steven Kane | Brighton Excelsior CC | S | | 07:20 |
| 21 | Mark Jones | G.S.Stella | V56 | 01:10:16 | 07:21 |
| 22 | John Tindell | Brighton Phoenix Triathlon Club | S | | 07:22 |
| 23 | Ben Fielden | G.S.Stella | V74 | 01:20:10 | 07:23 |
| 24 | Chris Parker | Hastings & St.Leonards CC | V60 | 01:12:21 | 07:24 |
| 25 | Carl Richardson | In-Gear Quickvit Trainsharp RT | V51 | 01:07:45 | 07:25 |
| 26 | Stephen Morgan | Tooting BC | V48 | 01:06:16 | 07:26 |
| 27 | Shaun Marlor | Bec CC | V43 | 01:03:53 | 07:27 |
| 28 | Stephen Gaston | Lewes Wanderers CC | V51 | 01:07:45 | 07:28 |
| 29 | Melanie Sang | Sunderland Clarion | WV45 | 01:08:45 | 07:29 |
| 30 | Steve Williamson | ...a3crg | V44 | 01:04:21 | 07:30 |
| 31 | Jon Masters | Norwood Paragon CC | V53 | 01:08:45 | 07:31 |
| 32 | Tamar Vanderhaas | Lewes Wanderers CC | WV40 | 01:06:16 | 07:32 |
| 33 | Laura Bartlett | ...a3crg | W | | 07:33 |
| 34 | Gina McGeever | Lewes Wanderers CC | WV44 | 01:08:14 | 07:34 |
| 35 | Jon Glaysher | ...a3crg | S | | 07:35 |
| 36 | Matt Coombs | Lewes Wanderers CC | V45 | 01:04:50 | 07:36 |
| 37 | Colin Barton | Worthing Excelsior CC | V55 | 01:09:45 | 07:37 |
| 38 | Amy Forshaw | In-Gear Quickvit Trainsharp RT | W | | 07:38 |
| 39 | Katerina Avramides | Brighton Mitre CC | W | | 07:39 |
| 40 | Phil Allen | South Downs Bikes | S | | 07:40 |
| 41 | Robert Rollings | Lewes Wanderers CC | S | | 07:41 |
| 42 | Conor Clancy | Brighton Excelsior CC | S | | 07:42 |
| 43 | Paul Thatcher | Brighton Mitre CC | V52 | 01:08:14 | 07:43 |
| 44 | Jez Parsons | Brighton Excelsior CC | V50 | 01:07:15 | 07:44 |
| 45 | Trevor Leeding | Worthing Excelsior CC | V50 | 01:07:15 | 07:45 |
| 46 | Joseph Sheriff | Gibraltar Cycling Association | S | | 07:46 |
| 47 | Donald Parker | Brighton Mitre CC | V67 | 01:16:10 | 07:47 |
| 48 | Phil Frean | Worthing Excelsior CC | V61 | 01:12:53 | 07:48 |

| Number | Name | Club | Cat. | Standard Time | Start Time |
|-----------|------------------------|---------------------------------------|------------|-----------------|--------------|
| 49 | Gray Brind | South Downs Bikes | V42 | 01:03:25 | 07:49 |
| 50 | Paul Byford | Crawley Wheelers CC | V50 | 01:07:15 | 07:50 |
| 51 | Liam Yates | Neon Velo | Esp | | 07:51 |
| 52 | Rick Hughes | Worthing Excelsior CC | V53 | 01:08:45 | 07:52 |
| 53 | Neil Hughes-Hutchings | Morden CRC | S | | 07:53 |
| 54 | Martin Naylor | Brighton Excelsior CC | V46 | 01:05:18 | 07:54 |
| 55 | Christain Yates | East Grinstead CC | V53 | 01:08:45 | 07:55 |
| 56 | Kevin Plummer | South Downs Bikes | V50 | 01:07:15 | 07:56 |
| 57 | Martin Booker | Worthing Excelsior CC | V47 | 01:05:47 | 07:57 |
| 58 | Ian Newbold | Eastbourne Rovers CC | V43 | 01:03:53 | 07:58 |
| 59 | Fabien Large | Hastings & St.Leonards CC | Juv 14 | | 07:59 |
| 60 | Simon McNamara | South Downs Bikes | V41 | 01:02:30 | 08:00 |
| 61 | Stu Nisbett | Crawley Wheelers CC | V42 | 01:03:25 | 08:01 |
| 62 | Richard Miles | Bognor Regis CC | V58 | 01:11:18 | 08:02 |
| 63 | Jason Gilbert | South Downs Bikes | V41 | 01:02:58 | 08:03 |
| 64 | Jack Churchill | Brighton Excelsior CC | Juv15 | | 08:04 |
| 65 | Richard Gifford | In-Gear Quickvit Trainsharp RT | V53 | 01:08:45 | 08:05 |
| 66 | James Ryan | Team ASL360 | S | | 08:06 |
| 67 | Tony Reeves | G.S.Stella | V44 | 01:04:21 | 08:07 |
| 68 | Geoff Smith | Eastbourne Rovers CC | V65 | 01:15:03 | 08:08 |
| 69 | Chris Dunstan | Brighton Excelsior CC | Juv15 | | 08:09 |
| 70 | Conall Yates | In-Gear Quickvit Trainsharp RT | S | | 08:10 |
| 71 | James Horan | South Downs Bikes | V46 | 01:05:18 | 08:11 |
| 72 | Peter Moon | Eastbourne Rovers CC | V55 | 01:09:45 | 08:12 |
| 73 | Andrew Green | Old Portlians CC | V50 | 01:07:15 | 08:13 |
| 74 | Darren Haynes | Crawley Wheelers CC | V45 | 01:04:50 | 08:14 |
| 75 | Chris McNamara | Nunn-Sigma Sport-London RT | V41 | 01:02:30 | 08:15 |

Sponsored Clubs

In-Gear Quickvit Trainsharp RT
Neon Velo

South Downs Bikes
Nunn-Sigma Sport-London RT

Team ASL 360