

# Sussex Cyclists' Association

Founded 1921

2016 President: Mick Kilby (VTTA Surrey/Sussex Group)

## 22.8 MILES HARDRIDERS TIME TRIAL

(Promoted for and on behalf of Cycling Time Trails under their rules and regulations.)

### SUNDAY 6th MARCH 2016

Timekeepers : Start : Mr. R. Blackmore : East Grinstead CC

Finish : Mr. M. Kilby : Lewes Wanderers CC

Event Secretary : Steve Dennis

15 Sherwood Walk

Crawley

W. Sussex

RH10 6NQ

01293 522721

07778548979

#### Awards

1<sup>st</sup> - £25, 2<sup>nd</sup> - £20, 3<sup>rd</sup> - £15, 4<sup>th</sup> - £10

1<sup>st</sup> Vet. On Standard - £15, 2<sup>nd</sup> - £10

1<sup>st</sup> Woman - £15

Fastest Team of Three - £10 each

#### **Headquarters:**

Handcross Sports Pavilion, Handcross. (Open from 7:00 am)

Please sign on at the headquarters to receive your race numbers.

#### **Safety Notes;**

- Details of any Additional Hazards not listed on the start sheet will be displayed at the Signing on Point. All competitors must read these details when they sign on.
- Competitors are requested not to warm up on the course after the first competitor has started.
- Competitors must exercise extra care when joining the A281; when riding through Cuckfield Village and Whitemans Green and when negotiating all roundabouts.
- In Cowfold take extra care at mini roundabouts at the traffic on the A272 has priority. There are also pedestrian crossing lights, which must be obeyed.

**London South District Regulation:** No vehicles, except those of the time keepers and race officials, shall be parked in the vicinity of the start and finish areas.

- To get to the start, turn right out of the H.Q. and follow the B2114 to Staplefield.
- After finishing, continue along B2110 to mini roundabout where the H.Q. can be seen on the right.
- No times will be given at the finish.

**CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and event promoters strongly advice all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards. Please note that this event is a helmet only event. (S.C.A. regulation).**

**COMPETITORS MACHINES.** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Have a safe and enjoyable ride.

Steve Dennis

**N.B.**

The standard Times for Veterans are calculated by using the CTT Target Times for 23miles.

#### S.C.A. Awards

1<sup>st</sup> – medal

1<sup>st</sup> Vet. On Standard – medal

1<sup>st</sup> Woman - medal

1<sup>st</sup> Team of Three – medal

Number	Name	Club	Cat.	Standard Time	Start Time
4	Henry Eaton	Army Cycling	S		08:34
5	<b>Brindley Taylor</b>	<b>Crawley Wheelers CC</b>	<b>S</b>		<b>08:35</b>
6	Kevin Plummer	South Downs Bikes	V50	1:01:52	08:36
7	Tony Reeves	GS Stella	V44	59:13	08:37
8	Chris Brewer	Redmon CC	V55	1:04:11	08:38
9	Chris Stone	Redhill CC	V60	1:06:34	08:39
10	<b>Tom Glandfield</b>	<b>Lewes Wanderers CC</b>	<b>V42</b>	<b>58:21</b>	<b>08:40</b>
11	Mike O'Gorman	Worthing Excelsior CC	V64	1:08:33	08:41
12	Robert Charles	Blazing Saddles	V50	1:01:52	08:42
13	Peter Owen	Norwood Paragon CC	V54	1:03:42	08:43
14	Paul Newsome	Team ASL360	S		08:44
15	<b>Mark Smith</b>	<b>Crawley Wheelers CC</b>	<b>V42</b>	<b>58:21</b>	<b>08:45</b>
16	Ian Cheeseman	Worthing Excelsior CC	V46	1:00:05	08:46
17	Andrew Green	Old Portlians CC	V49	1:01:25	08:47
18	Ben Elliott	Paceline RT	S		08:48
19	Anthony Vince	Mid Sussex Triathlon Club	S		08:49
20	<b>Simon McNamara</b>	<b>South Downs Bikes</b>	<b>V40</b>	<b>57:30</b>	<b>08:50</b>
21	Andy Critchlow	Wyndymilla	V42	<b>58:21</b>	08:51
22	Lee Pendlebury	Crawley Wheelers CC	S		08:52
23	Christopher Boocock	Sussex Nomads CC	V54	1:03:42	08:53
24	Fabien Large	Hastings & St. Leonards CC	JV14		08:54
25	<b>Matt Peel</b>	<b>Redhill CC</b>	<b>S</b>		<b>08:55</b>
26	Stu Nisbett	Crawley Wheelers CC	V42	58:21	08:56
27	Alasdair Wylie	Redmon CC	V40	57:30	08:57
28	Joe Hyatt	Brighton Mitre CC	S		08:58
29	Richard Cartland	South Downs Bikes	S		08:59
30	<b>Conall Yates</b>	<b>In-Gear Quickvit Trainsharp RT</b>	<b>S</b>		<b>09:00</b>
31	Rupert Robinson	Evans Cycles Race Team	V44	59:13	09:01
32	Andrew Gibson	Gravesend CC	V47	1:00:31	09:02
33	Paul Winkley	East Grinstead CC	V59	1:06:05	09:03
34	Theo Tadros	In-Gear Quickvit Trainsharp RT	JV13		09:04
35	<b>Christian Yates</b>	<b>East Grinstead CC</b>	<b>V53</b>	<b>1:03:15</b>	<b>09:05</b>
36	Henrik Persson	Kingston Wheelers CC	S		09:06
37	John Tindell	Brighton Phoenix Triathlon Club	S		09:07
38	Daniel Ellis	Eastbourne Rovers CC	S		09:08
39	Helen Webb	Sussex Nomads CC	WV42	1:01:52	09:09
40	<b>Peter Tadros</b>	<b>In-Gear Quickvit Trainsharp RT</b>	<b>V45</b>	<b>59:39</b>	<b>09:10</b>

Number	Name	Club	Cat.	Standard Time	Start Time
41	Richard Newey	Thames Turbo Triathlon Club	V50	1:01:52	09:11
42	Paul Barnard	South Downs Bikes	S		09:12
43	Michelle Arthurs-Brennan	Redhill CC	W		09:13
44	Robert Zietal	Crawley Wheelers CC	S		09:14
<b>45</b>	<b>Mark Emsley</b>	<b>Team ASL360</b>	<b>S</b>		<b>09:15</b>
46	Gregory Hunt	RT316	V50	1:01:52	09:16
47	Russell Thorne-Jones	Crawley Wheelers CC	V43	58:47	09:17
48	Sarah Phelps	Brighton Mitre CC	W		09:18
49	David Eccles	Redmon CC	V68	1:10:35	09:19
<b>50</b>	Liam Maybank	<b>Twickenham CC</b>	<b>V43</b>	<b>58:47</b>	<b>09:20</b>
51	Stanley Kennett	PMR @ Toachim House	ESP		09:21
52	Stephen Morgan	Tooting BC	V48	1:00:58	09:22
53	Phil Hersey	Eagle RC	V42	58:21	09:23
54	Chris Jolliffe	Crawley Wheelers CC	V58	1:05:36	09:24
<b>55</b>	<b>Nic Stagg</b>	<b>Hounslow &amp; District Wheelers CC</b>	<b>V45</b>	<b>59:39</b>	<b>09:25</b>
56	Mark Bashford	East Grinstead CC	S		09:26
57	Rick Hughes	Worthing Excelsior CC	V52	1:02:47	09:27
58	Geoff Smith	Eastbourne Rovers CC	V65	1:09:03	09:28
59	Jimmy Woodward	Sussex Revolution VC	S		09:29
<b>60</b>	<b>Chris McNamara</b>	<b>Nuun-Sigma Sport London RT</b>	<b>V40</b>	<b>57:30</b>	<b>09:30</b>

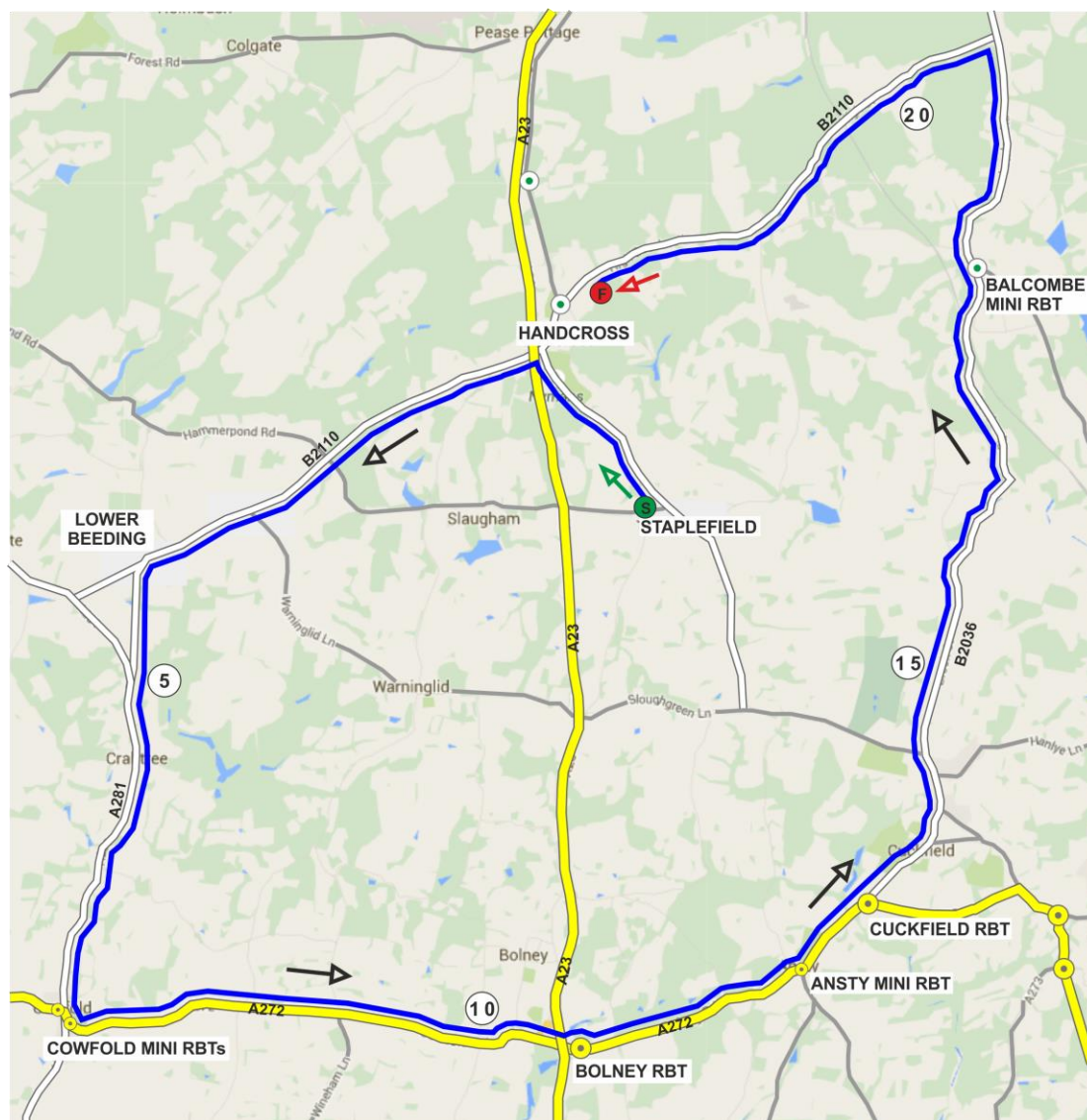
### **Sponsored Clubs**

Kingston Wheelers  
Nuun-Sigma Sport-London RT  
In-Gear Quickvit Trainsharp RT  
PMR@Toachim House

Team ASL 360  
South Downs Bikes  
Evans Cycles Race Team

Twickenham CC  
Wyndymilla  
Blazing Saddles

## COURSE GS/194



OS REF (TQ)	COURSE DIRECTIONS – GS/194	MILES	
274282	<b>START</b> at School warning sign on northern corner of Staplefield Village green 50 yards short of B2114	0.00	0.00
262298	Proceed to join and follow B2114 to junction with B2110 at Handcross	1.21	1.21
213226	<b>LEFT</b> on B2110 and straight on at mini RBT (roundabout) and through Lower Beeding to junction with A281. Bear <b>LEFT</b> and follow A281 to twin RBTs (roundabouts) at Cowfold ( <b>CHECK</b> )	6.09	7.30
291233	Straight on 1 <sup>st</sup> exit at first of twin RBTs and pedestrian crossing. <b>LEFT</b> 1 <sup>st</sup> exit at second mini RBT to join A272. Follow A272 eastwards via Bolney RBT to Ansty mini RBT ( <b>CHECK</b> )	5.17	12.47
304255	<b>LEFT</b> 1 <sup>st</sup> exit and continue on A272 to RBT at western end of Cuckfield by-pass. Straight on 1 <sup>st</sup> exit and follow B2036 through Cuckfield Village to junction with B2115 Whitemans Green	1.82	14.29
309332	Straight on, still on B2036, to mini RBT in Balcombe. Straight on, 1 <sup>st</sup> exit, and continue to follow B2036 to junction with B2110 just south of the Cowdray Arms PH ( <b>CHECK</b> )	5.08	19.37
264303	<b>LEFT</b> on B2110 and proceed to <b>FINISH</b> at second large natural lay-by about 150 yards before mini RBT at north end of Handcross	3.43	22.80

[COURSE DETAILS and GARMIN CONNECT COURSE](#)