

## Redmon Cycling Club

Est 1935

Web: [www.redmoncc.co.uk](http://www.redmoncc.co.uk)

Facebook: Redmon-Cycling-Club

Twitter: RedmonCycling

President: Richard Hoskin

General Secretary: Mike Wakely

Membership enquiries [info@redmoncc.co.uk](mailto:info@redmoncc.co.uk)



**REDMONster's** idea of a 'Two-up'

Start Sheet

# REDMON CYCLING CLUB



40th Grand Prix  
des Gentlemen



Dorking  
18th October 2015



### About the Redmon Grand Prix des Gentlemen



The Grand Prix des Gentlemen is a unique event, copied by many other cycling clubs in the country, but the Redmon Grand Prix des Gentlemen is the original. Our event started in 1976 and was based on the Parisian cycle race 'Gentlemen à Aulnay'. Alec Wingrave, a founder member of the Club was introduced to the event in 1970 by a friend who rode it that year.

Alec rode as a late entry the following year, paced by a young Barnet schoolboy who had only gone to France as a guest. The lad was totally shattered at the finish, having never ridden anything beyond a 10, but they were awarded 42<sup>nd</sup> place. At the finishing banquet in the afternoon, the top European vets pestered the Brits *'when can we bring our professional pacers over to Britain for a race?'* Unfortunately, at the time the RTTC had a strict rule of no mixed categories in events.

Alec spent the next few years writing to, meeting and discussing with 'people in high places' the possibility of running an event in Britain similar to the French one. It needed some difficult rule changes, and he suffered no end of set-backs. Eventually, he succeeded, and it was agreed that we could run a two-up for Vets in which both amateurs and professional cyclists could compete, and 5 years later the first event was run.

The fastest at that event were M Coward (Redmon) and J Lyons (Unity), and on standard A Bouttell (Hillingdon) and C Worsfold (Orpington).

Over the years the event has attracted some celebrity riders, such as Sean Yates, Sir Bradley Wiggins, Tony Doyle MBE, Pursuit Champion and the late Zac Carr, a very talented amateur rider. Thanks to the efforts of Tony Doyle we were lucky to have the Swiss rider Tony Rominger ride the Grand Prix one year. The roads were blocked by spectator cyclists and the event headquarters was packed. The local Police turned up wanting to know what was going on!

### The Grand Prix des Gentlemen Rules

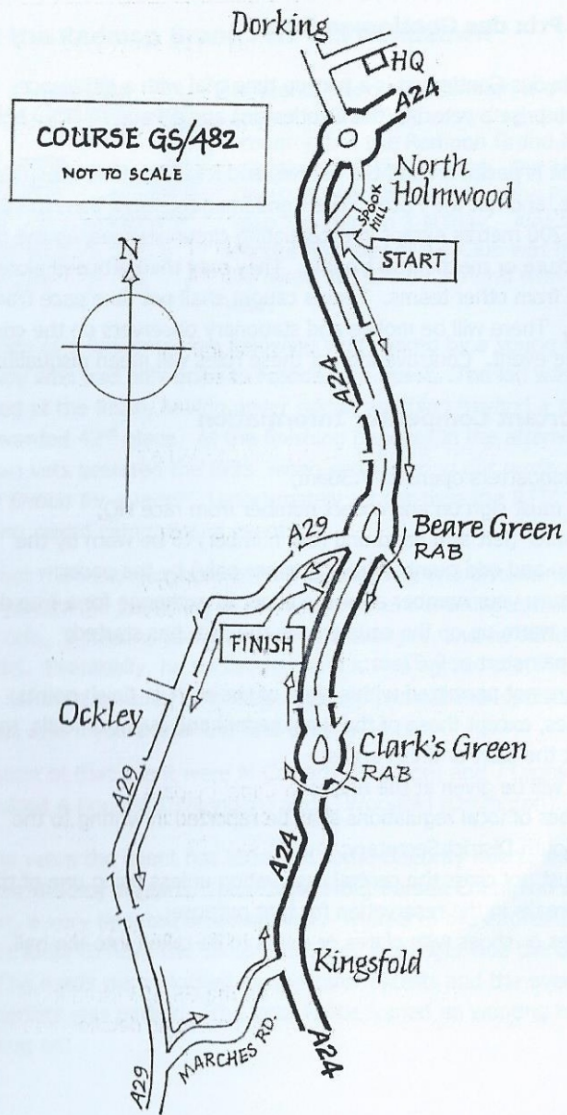
The Grand Prix des Gentlemen is a two-up time trial with a difference. Each team must comprise a veteran (the Gentleman) and a Pacer.

The Gentleman is paced around the course, and it is their time recorded as the finish time, and not the Pacer. The Gentleman must not pass the Pacer until the final 200 metres except in extenuating circumstances, eg the pacer having a puncture or mechanical trouble. They may then proceed alone but not take pace from other teams. Teams caught shall not take pace from another team. There will be mobile and stationary observers on the course throughout the event. Contravention of these rules will mean disqualification.

### Other Important Competitor Information

- Race headquarters opens at 7:30am;
- All riders must sign on and collect number from race HQ;
- Even number (left arm band and rear number) to be worn by the gentleman and odd number (rear number only) by the pacer;
- Please return your number after the event in exchange for a free drink;
- Do not to warm up on the course once the race has started;
- The first pair start at 9:02am;
- U-turns are not permitted within sight of the start or finish points;
- No vehicles, except those of the timekeepers and event officials, to be parked at the start or finish areas;
- No times will be given at the finish;
- All breaches of local regulations shall be reported in writing to the London South District Secretary;
- Riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose;
- No bicycles or shoes with plates or cleats to be taken into the hall.





**Course: GS/482 - North Holmwood - OS Map TQ167469**

North Holmwood – Clarke’s Green – Beare Green –  
Northlands Farm Junction – Kingsfold – Clarke’s Green – A24/A29

OS Ref	Description	Miles	
167469	START in Spook Hill, North Holmwood at PO telephone inspection cover, 30 yards from junction with A24.	0.00	0.00
177428	Proceed to A24 where LEFT into acceleration lane to join the A24 (CARE) and proceed southwards to Beare Green RBT (roundabout).	2.67	2.67
171397	Straight onto 2 <sup>nd</sup> exit and follow A24 to Clarke’s Green RBT. Where TURN.	2.24	4.91
177428	5 <sup>th</sup> exit to retrace on A24 to Beare Green RBT.	2.24	7.15
146356	LEFT at 1 <sup>st</sup> exit at Beare Green RBT, and follow A29 through Ockley to Northlands Farm junction (CHECK)	5.83	12.98
171397	SHARP LEFT into Marches Road and proceed to junction with A24 at Kingsfold. LEFT and follow A24 to Clarke’s Green RBT.	3.85	16.83
172422	Straight on 2 <sup>nd</sup> exit to FINISH on Capel by-pass at paint mark 20 yards south end of continuous white line on southern edge of entrance to Wigmore Lane.	1.82	18.65

The course can be downloaded from Garmin Connect (no 8921104).

**Important Note:** The event will not be run on the GS/483 listed in the CTT Handbook, we are using the 18.65 mile GS/482 course as detailed above.



**Event Awards**

All 'Gentlemen' finishers will receive a personalised Certificate as a celebration for completing this special 40th Grand Prix des Gentlemen event.

**Fastest on Standard Time**

- 1<sup>st</sup> To hold the Marjory & Bill Griffiths Trophy for 1 year plus, £60  
 2<sup>nd</sup> £40  
 3<sup>rd</sup> £20  
 4<sup>th</sup> 2 x bottles of wine

**Fastest Female Pair on Standard (non family)**

- 1<sup>st</sup> £20  
 2<sup>nd</sup> 2 x bottles of wine

**Fastest Family Pair on Standard (father/mother + son/daughter)**

- 1<sup>st</sup> £20  
 2<sup>nd</sup> 2 x bottles of wine

**Fastest Time**

- 1<sup>st</sup> £60  
 2<sup>nd</sup> £40  
 3<sup>rd</sup> £20  
 4<sup>th</sup> 2 x bottles of wine

**Fastest on 'Old Bike'**

- 1<sup>st</sup> £20  
 2<sup>nd</sup> 2 x bottles of wine

**Spot Awards**

There will be a bottle of wine for each 10<sup>th</sup> pair and riders whose names are drawn at random.

The awards will be presented as soon as possible after the event. Please stay and applaud the winners. Note that awards will not be posted, only be presented to riders remaining at the HQ. Uncollected cash prizes will be donated to charity. One award per pair of riders, highest award counts.

Many thanks our sponsors for their generosity and support. Kevin Blyde for donating the prize money. Kevin is the grandson of Alec Wingrave, who ran the first Grand Prix back in 1976. Thanks to William and Guy Pearson from Pearson's Cycles of Sutton and Sheen for their generous donation of Pearson equipment

An 'Old Bike' is defined as one with a steel or aluminium frame, toe clips and straps, bar end/down tube shifters and no tri bars or carbon wheels

No	Riders	Clubs	Age Cat	Std Time	Start Time
1	Alistair Lang	Redmon CC	V82	49:00	09:02
2	Geoff Goat	Redmon CC			
3	Elton Pritchard	Pearson CC	V43	39:33	09:04
4	Paul Harris	Pearson CC			
5	David Watt	Kingston Phoenix RC	V44	39:40	09:06
6	Alex Kew	Kingston Phoenix RC			
7	Joe Coward	Pearson CC	V50	40:21	09:08
8	Paul Lenny	Pearson CC			
9	Adam Leech	Cranleigh CC	V42	39:26	09:10
10	Nick Elsinger	Dorking CC			
11	Eddie Allen	Redmon CC	V55	40:58	09:12
12	John Allen	Redmon CC			
13	David Jones	Norwood Paragon CC	V54	40:50	09:14
14	Peter Owen	Norwood Paragon CC			
15	Allyson Fenton	Pearsons CC	WV44	42:50	09:16
16	Karin Brameld	Pearsons CC			
17	Tim Morley	Kingston Phoenix RC	V73	44:47	09:18
18	Mike Morley	Kingston Phoenix RC			
19	Colin Parkinson	South Western RC	V70	43:41	09:20
20	Andrew Hicks	South Western RC			
21	George Kelly	Redmon CC	V55	40:58	09:22
22	Andrew Kelly	Redmon CC			
23	Jamie Osman	Pearsons CC	V45	39:47	09:24
24	John Brameld	Pearsons CC			
25	Nicole Oh	Les Filles Racing Team	WV48	43:20	09:26
26	Vickki Filsell	Les Filles Racing Team			
27	Rachel Watkins	Kingston Phoenix RC	V56	41:06	09:28
28	Steve Watkins	Norwood Paragon CC			
29	Oliver Cliff	Elite Cycling	V48	40:08	09:30
30	Ivan Jordan	Elite Cycling			
31	Gareth Thomas	Paceline RT	V50	40:21	09:32
32	Keith Griffin	Paceline RT			



No	Riders	Clubs	Age Cat	Std Time	Start Time
33	Dale Lush	Kingston Phoenix RC	V41	39:18	09:34
34	Simon Trehearn	Kingston Phoenix RC			
35	Helen Ralston	Les Filles Racing Team	WV44	42:50	09:36
36	Tracy Corbett	London Dynamo			
37	Mark Storie	GS Stella	V66	42:51	09:38
38	Donald Parker	Brighton Mitre CC			
39	Damian Poulter	Hounslow & Dist Whs	V51	40:28	09:40
40	Lawrence Wintergold	Hounslow & Dist Whs			
41	Paulo Pacifici	Pearson CC	V46	39:54	09:42
42	Jonny Graham	Pearson CC			
43	Jonthan Hicks	Blazing Saddles	V51	40:28	09:44
44	Matt Walters	Brighton Mitre CC			
45	David Phillips	Old Portlans CC	V63	42:14	09:46
46	David Nichols	London Fire Brigade CC			
47	Nic Stagg	Hounslow & Dist Whs	V70	43:41	09:48
48	Chris Lovibond	Hounslow & Dist Whs			
49	Cameron Fraser	Nuun-Sigma Sport-London RT	V43	39:33	09:50
50	Craig Mclean	Nuun-Sigma Sport-London RT			
51	Tobias Nilsson	Pearson CC	WV50	43:35	09:52
52	Suzanne Sisson	Pearson CC			
53	Jon Frost	Redmon CC	V64	42:25	09:54
54	Dave Abbott	GS Stella			
55	Justin Slater	Pure Motion Cycles/Gatorade	V53	40:43	09:56
56	Tom Leader	Pure Motion Cycles/Gatorade			
57	Paul Bernard	South Down Bikes	V55	40:58	09:58
58	David Barnard	VC Etoile			
59	Richard Tully	Elite Cycling	V48	40:08	10:00
60	Paul Mill	Elite Cycling			
61	Matt Singer	34 Nomads CC	WV58	44:43	10:02
62	Suzanne Ahern	34 Nomads CC			
63	Simon Tonge	Redmon CC	V71	44:09	10:04
64	Clive Walton	Redmon CC			

No	Riders	Clubs	Age Cat	Std Time	Start Time
65	Geoff Pine	Pearson CC	V51	40:28	10:06
66	Tim Regan	Pearson CC			
67	Peter Beddingfield	East Grinstead CC	V71	44:09	10:08
68	Ian Sorrell	Redhill CC			
69	Wouter Sybrandy	Sigma Sport.co.uk	V64	42:25	10:10
70	Robert Gilmore	Hounslow & Dist Whs			
71	Andy Lindsey	Pure Motion Cycles/gatorade	V57	41:14	10:12
72	Martin Koester	Pure Motion Cycles/gatorade			
73	Jonathan Coulson	Sydenham Whs	V60	41:42	10:14
74	Robert Royston	Sydenham Whs			
75	Anthony Bee	Wigmore CC	V52	40:35	10:16
76	Rodney Smith	Wigmore CC			
77	Peter Hardcastle	Sigmasport.co.uk	WV40	42:17	10:18
78	Elise Sherwell	look Mum No Hands!			
79	Dan Sadler	RT 316	V49	40:14	10:20
80	Greg Hunt	RT 316			
81	Martin Shwartz	Pearson CC	V46	39:54	10:22
82	Andy Corrigan	Pearson CC			
83	Joshua Lawless	pmr@toachimhouse	V44	39:40	10:24
84	Chaz Hollosi	Gemini BC			
85	Bill McNamara	Clarencourt CC	V70	43:41	10:26
86	Eric Palmer	Redmon CC			
87	David Shepherd	GS Stella	V73	44:47	10:28
88	Ben Fielden	GS Stella			
89	Kevin Tye	Velorefined Aerosmiths	V49	40:14	10:30
90	Andrew Meilak	Velorefined Aerosmiths			
91	Mark Griffiths	RT 316	V52	40:35	10:32
92	Ray Healey	RT 316			
93	Liam Yates	Banks/Catford CC Equipe	V52	40:35	10:34
94	Christian Yates	East Grinstead CC			
95	Patrick Brennan	..A3CRG	V42	39:26	10:36
96	Simon Berogna	VC St Raphael			



No	Riders	Clubs	Age Cat	Std Time	Start Time
97	Mark Bernhardt	GS Stella	V59	41:32	10:38
98	Stuart Jago	GS Stella			
99	Jesse Yates	In-Gear Quickvit Trainsharp RT	V55	40:58	10:40
100	Sean Yates	In-Gear Quickvit Trainsharp RT			
101	Stuart Bettis	South down Bikes	V48	40:08	10:42
102	Bruce Samuel	South down Bikes			
103	Andrew Wren	Pearson CC			10:44
104	Richard Wren	Pearson CC			
105	Chris Birch	Hoops Velo	V46	39:54	10:46
106	Gary Bird	Hoops Velo			
107	Serge Bouschet	Dulwich Paragon C	V44	39:40	10:48
108	Wayne Van Ry	Bigfoot CC			

Pacers are listed first.

#### Sponsored Teams

Pearson Cycles  
 Elite Cycling  
 VeloRefined Aerosmiths  
 Pure Motion Cycles/ Gatorade  
 Nuun-Sigma Sports- London RT  
 In-Gear Quickvit Trainsharp RT  
 Banks/Catford CC Equipe  
 Sigma Sport.co.uk  
 Blazing Saddles  
 South Down Bikes  
 Look Mum No Hands!

#### Important Safety information – Please take time to read.

Take care when joining the A24 just after the start, at Beare Green and Clarke's Green roundabouts and at Kingsfold when rejoining the A24.

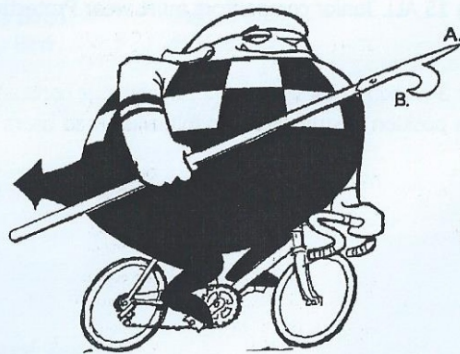
Details of any additional hazards will be displayed at the signing on point.

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard shell helmet that meets an Internationally accepted Standard.

In accordance with Reg 15 ALL Junior competitors must wear Protective Hard Shell Hats.

It is recommended that a working rear light, either flashing or constant, is fitted to your cycle, in a position clearly visible to following road users and is active during your ride.





**REDMONster** –  
prepares for the Grand  
Prix des Gentlemen

- A. Get a move on!  
B. Hang on tight

## Past Winners of the Redmon Grand Prix des Gentlemen

Grand Prix des Gentlemen Fastest Times (Pacer listed second)			Marjory and Bill Griffiths Trophy Winners on standard (Pacer listed second)			
1993	J Jones P Mill	34 Nomads Team 2000	38:51	J Webb D Creese	V C Slough V C Slough	+23:21
	R Naylor	San Fairy Ann CC				
1992	A Naylor R Keeble T Stevens	Apollo R T Express C C 34 Nomads	38:38 38:38	R Manser L Martin	San Fairy Ann CC San Fairy Ann CC	+20:41
1991	J Jones J Bull	34 Nomads/Melrose Gemini B C	37:30	R Batsford T Batsford	Clarence Wheelers Clarence Wheelers	+22:18
1990	R Keeble P Hamilton	Wren Wheelers Wren Wheelers	38:54	R Batsford T Batsford	Clarence Wheelers Clarence Wheelers	+21:56
1989	R Keeble P Hamilton	Wren Wheelers Wren Wheelers	50:00	G Piper P Daniels	Polytechnic CC Polytechnic CC	+9:52
1988	R Manser A Wallis	San Fairy Ann C C Festival R C	38:41	J Webb R Queen	V C Slough V C Slough	+21:00
	J Jones	Wren Wheelers				
1987	A Percy A Strong R Hughes	Gravesend C C Wyvern C C Clarence Wheelers	39:15 39:15	P Smith A Newark	Norwich A B C Ely & Dist CC	+22:27
1986	M Ives S Yates (pro)	Coventry Olympic Cycles Peugeot France	36:32*	A Dwyer R Manser	Oval C C San Fairy Ann CC	+22:55
1985	M Ives S Yates (pro)	Coventry Olympic Peugeot / Michelin / Shell	36:56*	A Boutell D Creese	V C Slough V C Slough	+23:30
1984	J Webb R Queen	V C Slough V C Slough	38:45	A Boutell G West	V C Slough Marlboro A C	+26:15*
1983	A Limbrey J Oakes	Sussex Nomads V C Anglia Sport	40:34	A Boutell N Lilley	V C Slough V C Slough	+23:27
1982	J Jones A James (pro)	34 Nomads Viscount	39:56	A Boutell N Lilley	V C Slough V C Slough	+24:34*
1981	R Manser M Ballard	San Fairy Ann C C Unity C C	39:46	A Boutell N Lilley	V C Slough V C Slough	+23:38*
1980	D McKellow E Adkins	Hillingdon CC G S Strada	38:59	A Boutell J Woodburn	V C Slough V C Slough	+22:45*
1979	D McKellow E Adkins	Hillingdon CC G S Strada	38:30*	D McKellow E Adkins	Hillingdon CC G S Strada	+20:07*
1978	J Webb R Queen	V C Slough V C Slough	45:34*	A Shorter D Parsons	Luton Wheelers V C Slough	+12:39
1977	J Webb R Queen	V C Slough V C Slough	46:28	C Melhuish M Ballard	Balham CC Woolwich CC	+14:24
1976	M Coward J Lyons	Redmon CC Unity CC	46:24	A Boutell C Worsfold	Hillingdon CC CC Orpington	+3:45

Continued from the inside of the front cover.

\* Course record



## Past Winners of the Redmon Grand Prix des Gentlemen

Grand Prix des Gentlemen <i>Fastest Times (Pacer listed second)</i>			Marjory and Bill Griffiths Trophy <i>Winners on standard (Pacer listed second)</i>		
2014	D Pollard } In Gear Quickvit M Hutchinson } Train sharp RT	34:28	D Pollard } In Gear Quickvit M Hutchinson } Train sharp RT	+ 6:46	
2013	A Meliak } Velorefined K Tye } Aerosmiths	32:53	D Pollard } In Gear Quickvit M Hutchinson } Train sharp RT	+ 9:28	
2012	C Yates East Grinstead CC C Yates In Gear Quickvit	35:25	R Slack London Dynamo J Stratton London Dynamo	+ 7:26	
2011	C Yates East Grinstead CC C Yates In Gear Quickvit	35:16	J Marshall Hounslow & Dist W Sybrandy Sigma Sport	+10:21	
2010	C Yates In Gear Quickvit B Phillips East Grinstead CC	34:48	J Marshall Hounslow & Dist W Sybrandy Sigma Sport	+10:39	
2009	D Pollard In Gear Quickvit M Hutchinson In Gear Quickvit	33:25	J Woodburn V C Meudon C Day V C Meudon	+11:46	
2008	R Prebble GS Strada B Instone ScientificCoaching	33:11	J Woodburn V C Meudon C Day V C Meudon	+10:02	
2007	R Prebble Pinarello RT W Sybrandy Agiskoviner.com	34:42	H Featherstone Eastbourne Rovers S Frame Eastbourne Rovers	+12:58	
2006	J Woodburn Maidenhead & Dist J Millard Bouweise Wielervrienden	35:16	J Woodburn Maidenhead & Dist J Millard Bouweise Wielervrienden	+13:00	
2005	B Phillips East Grinstead Z Carr Team Clean	34:57	H Featherstone Eastbourne Rovers S Frame Kontour Cycles	+ 29:26	
2004	B Phillips East Grinstead Z Carr API Resprays-Spec	34:11	H Featherstone Eastbourne Rovers S Frame Team Kontour Cycles	+ 29:25	
2003	S Yates Team Clean B Wiggins (pro) Frances des Jeux	34:39*	H Featherstone Eastbourne Rovers S Frame Eastbourne Rovers	+ 25:24	
2002	S Yates Team Clean M Hutchinson MDT Giant	35:03*	J Brown Northover's Vets Team P Pickers Northover's Vets Team	+ 26:29*	
2001	R Keeble 34 Nomads S Yates Team Clean	37:45	R Shepherd VTTA Wessex D Shepherd Rother Valley CC	+25:34	
2000	S Yates Team Clean M Hutchinson Bio Racing	35:18*	R Venis 21 <sup>st</sup> Century Airports C Stocks 21 <sup>st</sup> Century Airports	+26:02	
1999	P Hamilton 34 Nomads K Reed 34 Nomads	38:05	S Avely Tooting BC B Molloy Tooting BC	+25:23	
1998	T Batsford V C Meudon R Prebble Team Clean	35:57*	R Dare Kingston Phoenix RC S Mitchell Kingston Phoenix RC	+24:32	
1997	T Batsford Twickenham CC R Prebble Wembley R C	36:52	R Manser San Fairy Ann CC A Naylor Team Ambrosia	+23:42	
1996	R Keeble 34 Nomads D Akam Wembley R C	36:05*	J Howell Hounslow & Dist Whs R Garlinge Hounslow & Dist Whs	+24:05	
1995	J Froud Festival R C S Heather Festival R C	38:12	R Dare Kingston Phoenix RC S Mitchell Kingston Phoenix RC	+22:43	
1994	R Crayford San Fairy Ann C C L Martin San Fairy Ann C C	37:45	R Dare Kingston Phoenix RC S Mitchell Kingston Phoenix RC	+23:58	

*Continued on the inside of the back cover*

Sunday 18<sup>th</sup> October 2015

40<sup>th</sup> Grand Prix des Gentlemen

## Redmon Cycling Club

Founded 1935

President : Mr Richard Hoskin



The 40<sup>th</sup> Anniversary Redmon Grand Prix des Gentlemen is a competition for the Redmon Cycling Club's 'Marjory and Bill Griffiths Trophy' and promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

### Event Officials

Time Keepers:	Graham Lade Roger Griffiths	
Recorder:	Stuart Wighton	
Event Secretary:	Mike Wakely 22 Woodend Sutton Surrey SM1 3LJ	020 8644 9327 07748 322 722 (race day) mike.w22@hotmail.co.uk
Event Headquarters:	St Johns C of E Community School Goodwyns Road Dorking Surrey RH4 2LR HQ opens at 7:30am	
Course	GS/482 (18.65 miles)	

We have an enhanced awards list this year to celebrate the race anniversary, for which we have our kind sponsors to thank: Kevin Blyde of BDS Fire and Security and Pearson Cycles. The awards will include spot prizes of wine and cycling kit, and each 'Gentleman' finisher will receive a commemorative Certificate of Completion. We will not be posting out any awards this year if the winners are not there to collect them, so make sure that you stay and applaud them, as you may be one.