

ORDER OF START

No	Name	Club	Cat.	H/c	Vet Std	Tos.
1	Grant Pyke	Kingston Phoenix	T V	-	6 48 05	6.01a.m
2	Sarah Roy	7 Oaks Tri Club	V W	-	5 16 49	02
3	Alan Lloyd	Lewes Wanderers	V	51	5 36 17	03
4	Wojciech Kozielski	Old Portlians	-	-	-	04
5	John Percival	34* Nomads	V	85	6 04 47	05
6	Dougie Lawson	North Hampshire RC	V	76	5 09 51	06
7	Helen Millier	Lewes Wanderers	V W	76	5 26 24	07
8	Gurpal Panesar	Maidenhead & District	V	-	5 14 27	08
9	Bryn Tully	Anerley BC	V	68	5 54 10	09
10	Paul Tunnell	Addiscombe	V	46	5 14 27	10
11	Carolyn Heeps	Norwood Paragon	V W	-	5 36 17	11
12	John Mankelaw	Lewes Wanderers	V	-	5 46 23	12
13	Peter Horsfield	Redmon	V	55	5 41 20	13
14	Deborah Percival	34* Nomads	V W	66	5 31 18	14
15	Robert Downham	Worthing Excelsior	V	78	4 58 29	15
16	Andrew Robert Green	Addiscombe	-	61	-	16
17	Jackie Dodd	Kingston Phoenix	V W	71	5 31 18	17
18	Nathan Chamberlain	Redhill	V	56	5 00 43	18
19	Juliette Clark	PBscience.com	V W	45	5 26 24	19
20	Robert Royle-Evatt	Addiscombe	V	31	4 58 29	20
21	Nathan Gale	Worthing Excelsior	-	50	-	21
22	Richard Tully	Anerley BC	-	-	-	22
23	Mark Bernhardt	Worthing Excelsior	V	39	5 09 51	23
24	Geoff Clifton	Redhill	V	50	5 16 49	24
25	Stephen Morgan	Tooting BC	V	-	4 58 29	25
26	John Glaysher	a3crg	-	54	-	26
27	Clive Nye	San Fairy Ann	V	-	4 23 57	27
28	Peter Dixon	Willesden CC	V	-	4 56 14	28
29	Greg Woodford	Reading CC	V	-	5 14 27	29
30	Shaun Kennedy	Bec	V	7	5 19 12	30
31	Simon Greenland	Maidenhead & District	V	25	5 33 45	31
32	Ted Boorman	East Grinstead	V	51	6 02 07	32
33	Stuart Birnie	Willesden CC	-	-	-	33
34	Giles Oakley	Clevedon & District	V	28	5 02 56	34
35	Stuart Nisbett	Crawley Wheelers	-	29	-	35
36	Rupert Burbidge	Redhill	-	35	-	36
37	Paul Mathews	Utag Yamaha.com	V	-	4 58 29	37
38	Richard Allan	South Western RC	V	57	5 16 49	38
39	David Hickman	Old Portlians	V	-	5 33 45	39
40	James Hughes	Bec	-	12	-	40
41	Nigel Langridge	Crawley Wheelers	V	43	5 05 15	41
42	Chris Cowland	De Laune	V	-	5 31 18	42
43	Stuart Jago	Worthing Excelsior	V	55	5 02 56	43
44	Mark Perryman	VC Etoile	-	-	-	44
45	Rob Pelham	Lewes Wanderers	-	-	-	45

46	Richard Payn	34* Nomads	V	20	5 05 15	46
47	Lawrence Wintergold	Hounslow & District	V	-	5 00 43	47
48	Jon Masters	Norwood Paragon	V	39	5 09 51	48
49	Andrew John Green	Old Portlians	V	43	5 02 56	49
50	Mark Newton	Bec	V	-	5 00 43	50
51	Richard Gill	Epsom CC	V	-	5 07 33	51
52	Jon Lewis	Charlotteville CC	-	26	-	52
53	Brian Smith	North Hampshire RC	V	-	5 05 15	53
54	Jonathan Hemming	Addiscombe	V	34	4 56 14	54
55	David Shepherd	G S Stella	V	9	5 14 27	55
56	Jack Loveday	Plymouth Corinthian CC	-	39	-	56
57	James Ryan	Lewes Wanderers	-	-	-	57
58	Rupert Robinson	Crawley Wheelers	-	-	-	58
59	Mel Robertson	Worthing Excelsior	V	40	5 46 23	59
60	Keith Coffey	Bec	V	Scr	4 56 14	7.00am
61	Ian Bashford	Old Portlians	V	-	5 26 24	01
62	Kevin Doe	Worthing Excelsior	V	-	5 26 24	7.02am

Please plan to arrive at the start a few minutes early to study the layout and sequence of the traffic signals. This will allow you to be better informed when returning south on the A24 at 58 miles.

There will be two SCCU observers at West Grinstead traffic signals. Any rider who does not observe Reg.20(c) will be disqualified from the event.

In the interest of your own safety,CTT and the event promoter, strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

COMPETITORS MACHINES

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

Your Timekeeper today is Su Balcombe.

Handicapping by way of CTT Std.tables.

Southern Counties Cycling Union

CTT LONDON SOUTH DC - 100 MILE COURSE - G100/60

100 miles Time Trial
Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Sunday 25th July 2010 Course G100/60

COURSE DETAILS

OS REF	DETAILS	DISTANCES	
166229	START on A24, 60 yards north of bus shelter in acceleration lane north of West Grinstead crossroads	0.00	0.00
	Follow A24 via Southwater (called Pollardshill) and Hop Oast RBTs (roundabouts) to bear LEFT up slip road to Farthings Hill Interchange RBT. LEFT 1st exit and follow A264 via Leisure Centre RBT to New Bridge RBT. Straight on 2nd exit now on A281 to Broadbridge Ind.Est. RBT. LEFT 1st exit and continue on A281 to Nowhurst RBT where <u>TURN</u> (CHECK)		
136329	3rd exit and retrace to Farthings Hill Interchange RBT. LEFT 2nd exit to rejoin A24 northbound. Straight on 2nd exit at Robin Hood RBT to Great Daux RBT. RIGHT 2nd exit and follow A264 via Rusper Road, Moorhead and Faygate RBTs to Bewbush Manor RBT. Straight on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where <u>TURN</u> (CHECK)	7.71	7.71
256353	4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 and A24 to Farthings Hill Interchange RBT. Straight on 2nd exit and continue on A24 to Southwater RBT (called Pollardshill) where <u>TURN</u> (CHECK)	9.66	17.37
162252	3rd exit to retrace on A24. REPEAT section to Nowhurst, Broadfield and back to Southwater RBT (called Pollardshill)	11.79	29.16
162252	Straight on 1st exit at Southwater RBT and continue on A24 to traffic lights at West Grinstead crossroads (CHECK)	27.76	56.92
165227	Straight on 1st exit at Southwater RBT and continue on A24 to traffic lights at West Grinstead crossroads (CHECK)	1.58	58.50
120134	Straight on and follow A24 to Washington RBT	6.71	65.21
171124	LEFT 1st exit and follow A283 to junction with B2135 at Steyning	3.53	68.74
165214	LEFT to join and follow B2135 through Partridge Green to junction with A24 at West Grinstead	7.03	75.77
120134	LEFT and follow A24 to complete first circuit at Washington RBT	5.88	81.65
120134	REPEAT circuit to Washington RBT	16.44	98.09
144140	LEFT 1st exit at Washington RBT and follow A283 to Wiston crossroads. LEFT into Water Lane to <u>FINISH</u> at red paint mark 27 yards north of start of kerbstones on left side of road and 112 yards north of track entrance to All Saints Church, Buncton	1.91	100.00

AWARDS

Scratch	Handicap	Veterans on Std
Fastest £50	1 st £40	1 st £30
2 nd £40	2 nd £30	2 nd £20
3 rd £30	3 rd £20	3 rd £10
4 th £20	4 th £10	
5 th £10		

Team of three.

£10 to each rider.

Women.

Fastest £30
2nd £20
3rd £10

The Veterans prizes have been given by Sussex Cycling Association and the other prizes have been given by Jo and Rod Starmer. The Tom Smith Cup will be awarded to the fastest first claim member of a club affiliated to the SCCU and the Sid Gray Shield will be awarded to the fastest affiliated team, both to held for one year.

NUMBERS AND SIGNING ON SHEET will be at the event headquarters, DIAL POST VILLAGE HALL. The hall will be open from 5.00am.

Please ensure that your number is fitted in a readable position in accordance with CTT Regulations. Any course hazards will be notified at the signing on point.

It is a London South Regulation that no vehicles, except those of the timekeepers and event officials shall be parked in the vicinity of the start and the finish.

The start is in an acceleration lane about 2 miles north of the HQ.

At roundabouts, unless directed otherwise, continue straight on. For safety reasons the course does not use Farthings Hill Underpass. Any rider so doing will be disqualified for having gone off course.

No drinks will be officially handed up. Times will be displayed at the HQ.

There is no charge for the refreshments....all we ask is for a generous donation to the Evelina Childrens Hospital at St Thomas Hospital.

Last year we collected £248 please do your best again.

Event secretary, Rod Starmer, 23 Tanhouse Road, Oxted, Surrey. RH8 9PE. 01883713043