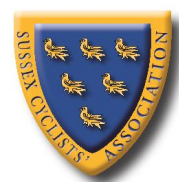




# Sussex Cyclists' Association 2010 SPOCO Competition Update



No registration necessary – Open to all first claim members of SCA affiliated clubs

## Southdown Velo save the “Goodwood Classic” Hilly

# NEWS

**The Bognor Regis Hilly 27 mile on Sunday 17th October 2010 has now been reinstated thanks to Southdown Velo.**

Fraser Nurse has kindly offered to act as Event Secretary and all entries should be sent to: Fraser Nurse, 16 Oakwood Close, Tangmere, Chichester, West Sussex PO20 2WD. Email: [fraser.nurse@btinternet.com](mailto:fraser.nurse@btinternet.com)

Fraser confirms “We were more than happy to take this over, having been approached by the guys at Bognor, as it would be a shame to lose such a great and long standing event. Our plan is to continue to run it on the same date and time as detailed in any promotional literature...”

...Consequently this year's event will be run 'in conjunction with Bognor Regis Cycling Club', on the same date and time as previously detailed in the CTT publications etc. **So the SCA SPOCO can now revert back to its original schedule** giving riders the opportunity to complete the necessary qualifying rides.

Still to come are **2 x Short Distance events** (only 1 needed), **7 x Medium Distance events** (only 4 needed including a hilly) and **4 x Long Distance events** (only 1 needed) – **so plenty more chances**, and no more excuses!

**N.B.** if you have yet to complete a Medium Hilly, the above is a must do as it is the only Medium Hilly remaining.

**As sure as cream floats to the top, the crème de la crème of Sussex cycling, Steve Dennis glides to the top of both tables.**

At this stage of the competition we move from provisional to actual rankings as riders begin to complete the required number of qualifying events. In the overall standings Steve has pulled ahead to lead by 11 points over Dave Shepherd in second place with 704 points, who in turn precedes team mate Tony Reeves on 682 points, by 22 points.

**We've got nine riders needing ONE event to quality:**

Needing a **Short** distance:

Andy Cox  
Stuart Jago

Lewes Wanderers  
Worthing Excelsior

Needing a **Medium** distance:

Iain Brogden  
Rob Pelham  
Alan MacInnes  
Michael Valks  
Mark Storie  
Paul Valks

Eastbourne Rovers  
Lewes Wanderers  
East Grinstead CC  
Sussex Nomads  
GS Stella  
Sussex Nomads

Needing a **Long** distance:

Pete Tadros

In-Gear Quickvit Trainsharp

## And 12 riders needing TWO events to qualify:

Needing a <b>Short</b> and <b>Medium</b> distance:	Stephen Gaston	Lewes Wanderers
Needing two <b>Medium</b> distances:	Michael Coyle	Brighton Mitre
	Nick Dwyer	Lewes Wanderers
	Jeremy Wootton	Worthing Excelsior
	James Ryan	Lewes Wanderers
	Nigel Langridge	Lewes Wanderers
	Don Parker	Brighton Mitre
	Oliver Tuckley	Lewes Wanderers
	Adam Ford	Eastbourne Rovers
	Matt Coombs	Lewes Wanderers
Needing a <b>Medium</b> and <b>Long</b> distance:	Mel Robertson	Worthing Excelsior
	Keith Carter	Horsham Cycling



## SPOCO Pointers – How to get ahead in SPOCO . . .

Fundamentally SPOCO competitions are designed to encourage the use of courses where traffic is light and the terrain sporting. However, at the SCA, our raison d'être is to encourage members to participate in competitions that include open events taking place partly or wholly in Sussex; and as such our SPOCO includes as wide a variety of events as possible to encompass as many participants as possible.

Having said that, form still follows function in as much as, those choosing less popular events, such as hilly, sporting and non-standard distances, have the potential to reap high reward from choosing their events wisely. And that's the precisely the point of SPOCO, times are of no consequence as it's your position on the day that counts, which fits very nicely with the ethos of the Association – to encourage participation in local events.

Time and time again you hear how 'enjoyable' and 'different' the non-standard events are, but unfortunately, perhaps being considered of little value in relation to BAR type competitions or improvements on LTS times, seem to attract less entrants.

So in an endeavour to raise the profile of the less popular events, and give you a heads up for next year, here's a breakdown of the number of finishers in each of the events so far this year.

No. of Finishers	Event Date	Club/Association	Distance	Course	Category
15	Mon 31 May 2010	Brighton Mitre	10 m	GS/995	Short
35	Sat 19 Jun 2010	VTTA Surrey/Sussex	10 m	G10/87	Short
36	Sat 03 Apr 2010	Brighton Mitre	10 m	G10/44	Short
58	Sat 01 May 2010	SCA	10 m	G10/97	Short
62	Sat 20 Mar 2010	SCCU	10 m	G10/46	Short

Also it is worth considering, that for many individual clubs to continue to promote open events each year, it is vital they receive the support of local riders to keep them on the calendar.

So you will be doing them and yourself a big favour by supporting such events and earning lots of SPOCO points in the process – in the words of Robin Johnson –

16	Sun 28 Feb 2010	SCA Hardriders	23 m	GS/194	Med Hilly
18	Sat 12 Jun 2010	Redhill CC	14 m	GS/189	Med Hilly
18	Sun 20 Jun 2010	Lewes Wanderers	30 m	G30/88	Medium
20	Sat 20 Feb 2010	Central Sussex CC	17.48 m	GS/985	Med Hilly
27	Sun 07 Feb 2010	GS Stella	34 km	GS/989	Med Hilly
27	Mon 05 Apr 2010	Brighton Mitre	25 m	GS/999	Med Hilly
32	Sat 06 Feb 2010	GS Stella	18 km	GS/988	Med Hilly
50	Sun 21 Mar 2010	SCCU	25 m	G25/44	Med Hilly
52	Sun 14 Mar 2010	ESCA Hardriders	15.06 m	GS/895	Med Hilly
58	Sun 02 May 2010	SCA	25 m	G25/93	Medium
60	Sun 07 Mar 2010	East Surrey RC	29.9 m	GS/491	Med Hilly

**Bring your team-mates  
next year!**

35	Sun 06 Jun 2010	SCA	50 m	G50/10	Long
50	Sun 13 Jun 2010	ESCA	50 m	G50/89	Long
51	Sun 23 May 2010	Crawley Wheelers	41.59 m	GS/196	Long

## Overall Individual Competition as at 20 June 2010

Rider	Club	Qualify	Best A Short	Best B Med Hilly	2nd Best B Med	3rd Best B Med	4th Best B Med	Best C Long	Total Score	Current Rank
Steve Dennis	East Grinstead CC	Yes	119	120	119	119	118	120	715	1
David Shepherd	GS Stella	Yes	116	119	117	116	116	120	704	2
Tony Reeves	GS Stella	Yes	107	119	114	114	112	116	682	3
Tom Glandfield	Lewes Wanderers	Yes	115	117	120	112	101	109	674	4
Paul Thatcher	Brighton Mitre	Yes	112	116	114	110	110	104	666	5
Sholto Haggart	Brighton Mitre	Yes	116	115	109	107	101	105	653	6
Geoff Smith	Sussex Nomads	Yes	110	112	111	108	106	105	652	7
Johan Stegers	Lewes Wanderers	Yes	113	112	116	108	97	103	649	8
Nathan Gale	Worthing Excelsior	Yes	98	110	108	100	100	101	617	9
Stuart Payne	Central Sussex CC	Yes	100	109	107	104	96	94	610	10
Robin Johnson	Brighton Mitre	Yes	106	106	104	104	102	87	609	11
Peter Moon	Eastbourne Rovers	Yes	108	105	95	83	79	108	578	12
Peter Tadros	In-Gear Quickvit Trainsharp	No	120	120	120	120	119	0	599	-
Iain Brogden	Eastbourne Rovers	No	119	118	118	112	0	117	584	-
Rob Pelham	Lewes Wanderers	No	118	117	115	113	0	119	582	-
Alan MacInnes	East Grinstead CC	No	112	118	115	108	0	109	562	-
Andy Cox	Lewes Wanderers	No	0	116	117	110	106	108	557	-
Michael Valks	Sussex Nomads	No	116	109	104	95	0	111	535	-
Mark Storie	GS Stella	No	99	113	106	91	0	99	508	-
Stuart Jago	Worthing Excelsior	No	0	110	102	101	88	102	503	-
Michael Coyle	Brighton Mitre	No	119	117	115	0	0	118	469	-
Nick Dwyer	Lewes Wanderers	No	120	112	116	0	0	119	467	-
Jeremy Wootton	Worthing Excelsior	No	118	107	105	0	0	115	445	-
James Ryan	Lewes Wanderers	No	117	98	109	0	0	119	443	-
Nigel Langridge	Crawley Wheelers	No	96	114	105	0	0	114	429	-
Mel Robertson	Worthing Excelsior	No	114	103	103	102	0	0	422	-
Don Parker	Brighton Mitre	No	111	102	89	0	0	110	412	-
Paul Valks	Sussex Nomads	No	101	82	75	71	0	82	411	-
Oliver Tuckley	Lewes Wanderers	No	106	104	90	0	0	95	395	-
Matt Coombs	Lewes Wanderers	No	98	96	94	0	0	104	392	-
Adam Ford	Eastbourne Rovers	No	102	91	80	0	0	99	372	-
Keith Carter	Horsham Cycling	No	85	116	81	67	0	0	349	-
Peter Morris	Lewes Wanderers	No	0	118	115	0	0	113	346	-
Stephen Gaston	Lewes Wanderers	No	0	76	112	68	0	80	336	-
Richard Gifford	In-Gear Quickvit Trainsharp	No	109	111	105	0	0	0	325	-
Mark Jones	GS Stella	No	113	108	101	0	0	0	322	-
Peter Baker	Lewes Wanderers	No	0	97	119	0	0	106	322	-
Richard Weatherstone	GS Stella	No	102	97	93	0	0	0	292	-
Thomas Baker	Lewes Wanderers	No	0	85	115	0	0	92	292	-
Richard Woodward	East Grinstead CC	No	0	109	90	79	0	0	278	-
Robert Downham	Worthing Excelsior	No	75	108	0	0	0	89	272	-
Kevin Burton	Eastbourne Rovers	No	98	86	81	0	0	0	265	-
Ben Hardisty	East Grinstead CC	No	80	100	77	0	0	0	257	-
Simon Yates	Lewes Wanderers	No	0	69	105	0	0	73	247	-
Christian Yates	East Grinstead CC	No	117	115	0	0	0	0	232	-
Stuart Medhurst	Eastbourne Rovers	No	110	0	0	0	0	109	219	-
Stuart Davis	Eastbourne Rovers	No	113	105	0	0	0	0	218	-
Conall Yates	In-Gear Quickvit Trainsharp	No	114	103	0	0	0	0	217	-
Mark Paton	Sussex Nomads	No	104	107	0	0	0	0	211	-
Elaine Scott	Brighton Excelsior	No	0	105	101	0	0	0	206	-
Tim Miles	Hastings & St Leonards CC	No	97	0	108	0	0	0	205	-
Chris Chapman	Hastings & St Leonards CC	No	111	92	0	0	0	0	203	-
Rupert Robinson	Crawley Wheelers	No	0	103	98	0	0	0	201	-
Clive Jackson	Central Sussex CC	No	95	103	0	0	0	0	198	-

Rider	Club	Qualify	Best A Short	Best B Med Hilly	2nd Best B Med	3rd Best B Med	4th Best B Med	Best C Long	Total Score	Current Rank
Freddie Leatham	GS Stella	No	0	101	95	0	0	0	196	-
Graham Jeffs	Lewes Wanderers	No	0	82	113	0	0	0	195	-
Tim Holmes	Brighton Mitre	No	90	105	0	0	0	0	195	-
Mark Perryman	VC Etoile	No	87	106	0	0	0	0	193	-
Tony Murphy	Eastbourne Rovers	No	105	0	0	0	0	88	193	-
Alan Lloyd	Lewes Wanderers	No	0	0	85	0	0	106	191	-
Ade Fadero	Sussex Nomads	No	107	0	81	0	0	0	188	-
Paul Jefferies	VC Etoile	No	94	0	92	0	0	0	186	-
Samuel Ramsey	Lewes Wanderers	No	73	0	111	0	0	0	184	-
Stuart Edmonds	Sussex Nomads	No	0	98	86	0	0	0	184	-
Peter Weston	Worthing Excelsior	No	0	94	89	0	0	0	183	-
David Beale	Lewes Wanderers	No	0	0	107	0	0	75	182	-
Kevin Doe	Worthing Excelsior	No	80	0	0	0	0	97	177	-
Andrew Parsons	Eastbourne Rovers	No	89	0	0	0	0	86	175	-
David Dallimore	VTTA (Surrey/Sussex)	No	99	0	71	0	0	0	170	-
Sam Dix	In-Gear Quickvit Trainsharp	No	84	86	0	0	0	0	170	-
Hugh Procter	Lewes Wanderers	No	0	84	0	0	0	83	167	-
Ian Craig	VC Etoile	No	90	0	77	0	0	0	167	-
John Mankelow	Lewes Wanderers	No	0	0	73	0	0	90	163	-
Paul Winkley	East Grinstead CC	No	83	78	0	0	0	0	161	-
Chris Parker	Hastings & St Leonards CC	No	0	72	0	0	0	71	143	-
Mark Burdass	In-Gear Quickvit Trainsharp	No	66	70	0	0	0	0	136	-
Sarah Dwyer	Lewes Wanderers	No	70	0	65	0	0	0	135	-
Michael Hutchinson	In-Gear Quickvit Trainsharp	No	0	0	120	0	0	0	120	-
David Pollard	In-Gear Quickvit Trainsharp	No	0	0	114	0	0	0	114	-
Tristan Court	Brighton Mitre	No	114	0	0	0	0	0	114	-
Ivan Johnson	Hastings & St Leonards CC	No	0	113	0	0	0	0	113	-
Nigel Reynolds	Worthing Excelsior	No	0	0	0	0	0	113	113	-
Neil Midgley	Lewes Wanderers	No	0	0	110	0	0	0	110	-
Stefano Arcidiacono	East Grinstead CC	No	0	109	0	0	0	0	109	-
Rob Young	In-Gear Quickvit Trainsharp	No	108	0	0	0	0	0	108	-
Jon Sharples	In-Gear Quickvit Trainsharp	No	0	0	107	0	0	0	107	-
Matthew Earnshaw	Brighton Excelsior	No	0	107	0	0	0	0	107	-
Mike Levett	Lewes Wanderers	No	0	0	0	0	0	107	107	-
Andrew Morley	In-Gear Quickvit Trainsharp	No	0	103	0	0	0	0	103	-
Horry Hemsley	Lewes Wanderers	No	0	0	103	0	0	0	103	-
Konrad Pieterse	Eastbourne Rovers	No	103	0	0	0	0	0	103	-
Jon Carter	East Grinstead CC	No	101	0	0	0	0	0	101	-
Kevin Bashford	East Grinstead CC	No	0	0	0	0	0	100	100	-
Lee Holdaway	Hastings & St Leonards CC	No	0	100	0	0	0	0	100	-
Nigel Foskett	Brighton Mitre	No	0	99	0	0	0	0	99	-
Mike Cranfield	GS Stella	No	0	96	0	0	0	0	96	-
Tim Carpenter	VTTA (Surrey/Sussex)	No	96	0	0	0	0	0	96	-
Ian Burgess	In-Gear Quickvit Trainsharp	No	0	94	0	0	0	0	94	-
Jon Fry	Horsham Cycling	No	94	0	0	0	0	0	94	-
Rob Rickson	Eastbourne Rovers	No	94	0	0	0	0	0	94	-
James Brickell	In-Gear Quickvit Trainsharp	No	0	93	0	0	0	0	93	-
John Randall	Horsham Cycling	No	93	0	0	0	0	0	93	-
Peter Logan	Worthing Excelsior	No	0	0	0	0	0	93	93	-
Michael Leonard	Brighton Mitre	No	92	0	0	0	0	0	92	-
Paul Hanratty	Lewes Wanderers	No	92	0	0	0	0	0	92	-
David Cox	Eastbourne Rovers	No	91	0	0	0	0	0	91	-
Edward Boorman	East Grinstead CC	No	0	0	0	0	0	91	91	-
Helen Millier	Lewes Wanderers	No	0	0	0	0	0	91	91	-
David Lashbrook	Crawley Wheelers	No	0	0	0	0	0	89	89	-
Jay Chisnall	Brighton Mitre	No	89	0	0	0	0	0	89	-
Mark Pelling	In-Gear Quickvit Trainsharp	No	89	0	0	0	0	0	89	-

Rider	Club	Qualify	Best A Short	Best B Med Hilly	2nd Best B Med	3rd Best B Med	4th Best B Med	Best C Long	Total Score	Current Rank
Rufus Newell	Hastings & St Leonards CC	No	0	89	0	0	0	0	89	-
Stuart Nisbett	Crawley Wheelers	No	0	88	0	0	0	0	88	-
Tamar Vanderhaas	Brighton Mitre	No	88	0	0	0	0	0	88	-
Alan Robinson	Central Sussex CC	No	87	0	0	0	0	0	87	-
Ian Hendry	Hastings & St Leonards CC	No	0	87	0	0	0	0	87	-
Rob Luff	Brighton Excelsior	No	0	0	0	0	0	87	87	-
Liz Lumber	Eastbourne Rovers	No	86	0	0	0	0	0	86	-
Duncan Fuller	Lewes Wanderers	No	0	0	0	0	0	85	85	-
Ian Anderson	Crawley Wheelers	No	0	0	0	0	0	85	85	-
Mark Brittle	Hastings & St Leonards CC	No	0	84	0	0	0	0	84	-
Rob Hoodless	Crawley Wheelers	No	0	0	82	0	0	0	82	-
Simon Newell	Hastings & St Leonards CC	No	0	81	0	0	0	0	81	-
Andrew Stobart	Eastbourne Rovers	No	78	0	0	0	0	0	78	-
Steve Owles	Lewes Wanderers	No	0	0	0	0	0	78	78	-
Naomi Dandridge	Lewes Wanderers	No	77	0	0	0	0	0	77	-
Harry Featherstone	Eastbourne Rovers	No	76	0	0	0	0	0	76	-
Bryn Reeves	Horsham Cycling	No	74	0	0	0	0	0	74	-
Dave Abbott	GS Stella	No	74	0	0	0	0	0	74	-
Debbie Evers	Lewes Wanderers	No	0	0	0	0	0	74	74	-
Jay Miles	Hastings & St Leonards CC	No	0	74	0	0	0	0	74	-
Alex Kwiatkowski	In-Gear Quickvit Trainsharp	No	73	0	0	0	0	0	73	-
Gregory Blackwell	Hastings & St Leonards CC	No	0	73	0	0	0	0	73	-
Ian Essex	Brighton Excelsior	No	0	71	0	0	0	0	71	-
Stuart Papworth	Horsham Cycling	No	0	0	67	0	0	0	67	-
Chris Hough	Lewes Wanderers	No	66	0	0	0	0	0	66	-
Steve Alden	Crawley Wheelers	No	0	0	66	0	0	0	66	-
Kaye Dwyer	Lewes Wanderers	No	65	0	0	0	0	0	65	-
Dave Dalziel	Central Sussex CC	No	64	0	0	0	0	0	64	-
Debbie O'Neill	VC Etoile	No	63	0	0	0	0	0	63	-
Stephen Strickland	Horsham Cycling	No	63	0	0	0	0	0	63	-

## Overall Team Placings as at 20 June 2010

Being the only club with a complete set of qualifiers, Brighton Mitre have pulled ahead early to lead the pack in the team competition.

Club	Team of Three Riders	Qualify	Total Score	Current Rank
Brighton Mitre	Paul Thatcher (666), Sholto Haggart (653) & Robin Johnson (609)	Yes	1928	1
Lewes Wanderers	Tom Glandfield (674), Johan Stegers (649) & Rob Pelham (582)	No	1905	-
GS Stella	David Shepherd (704), Tony Reeves (682) & Mark Storie (508)	No	1894	-
Sussex Nomads	Geoff Smith (652), Michael Valks (535) & Paul Valks (411)	No	1598	-
Worthing Excelsior	Nathan Gale (617), Stuart Jago (503) & Jeremy Wootton (445)	No	1565	-
East Grinstead CC	Steve Dennis (715), Alan MacInnes (562) & Richard Woodward (278)	No	1555	-
Eastbourne Rovers	Iain Brogden (584), Peter Moon (578) & Adam Ford (372)	No	1534	-
Lewes Wanderers	Andy Cox (557), Nick Dwyer (467) & James Ryan (443)	No	1467	-
In-Gear Quickvit Trainsharp	Peter Tadros (599), Richard Gifford (325) & Conall Yates (217)	No	1141	-
Lewes Wanderers	Oliver Tuckley (395), Matt Coombs (392) & Peter Morris (346)	No	1133	-
Brighton Mitre	Michael Coyle (469), Don Parker (412) & Tim Holmes (195)	No	1076	-
Lewes Wanderers	Stephen Gaston (336), Peter Baker (322) & Thomas Baker (292)	No	950	-
Central Sussex CC	Stuart Payne (610), Clive Jackson (198) & Alan Robinson (87)	No	895	-
Worthing Excelsior	Mel Robertson (422), Robert Downham (272) & Peter Weston (183)	No	877	-
GS Stella	Mark Jones (322), Richard Weatherstone (292) & Freddie Leatham (196)	No	810	-
Crawley Wheelers	Nigel Langridge (429), Rupert Robinson (201) & David Lashbrook (89)	No	719	-

Club	Team of Three Riders	Qualify	Total Score	Current Rank
Eastbourne Rovers	Kevin Burton (265), Stuart Medhurst (219) & Stuart Davis (218)	No	702	-
East Grinstead CC	Ben Hardisty (257), Christian Yates (232) & Paul Winkley (161)	No	650	-
Lewes Wanderers	Simon Yates (247), Graham Jeffs (195) & Alan Lloyd (191)	No	633	-
Sussex Nomads	Mark Paton (211), Ade Fadero (188) & Stuart Edmonds (184)	No	583	-
Hastings & St Leonards CC	Tim Miles (205), Chris Chapman (203) & Chris Parker (143)	No	551	-
VC Etoile	Mark Perryman (193), Paul Jefferies (186) & Ian Craig (167)	No	546	-
Horsham Cycling	Keith Carter (349), Jon Fry (94) & John Randall (93)	No	536	-
Lewes Wanderers	Samuel Ramsey (184), David Beale (182) & Hugh Procter (167)	No	533	-
Eastbourne Rovers	Tony Murphy (193), Andrew Parsons (175) & Konrad Pieterse (103)	No	471	-
In-Gear Quickvit Trainsharp	Sam Dix (170), Mark Burdass (136) & Michael Hutchinson (120)	No	426	-
Lewes Wanderers	John Mankelow (163), Sarah Dwyer (135) & Neil Midgley (110)	No	408	-
Brighton Excelsior	Elaine Scott (206), Matthew Earnshaw (107) & Rob Luff (87)	No	400	-
Worthing Excelsior	Kevin Doe (177), Nigel Reynolds (113) & Peter Logan (93)	No	383	-
In-Gear Quickvit Trainsharp	David Pollard (114), Rob Young (108) & Jon Sharples (107)	No	329	-
East Grinstead CC	Stefano Arcidiacono (109), Jon Carter (101) & Kevin Bashford (100)	No	310	-
Brighton Mitre	Tristan Court (114), Nigel Foskett (99) & Michael Leonard (92)	No	305	-
Hastings & St Leonards CC	Ivan Johnson (113), Lee Holdaway (100) & Rufus Newell (89)	No	302	-
Lewes Wanderers	Mike Levett (107), Horry Hemsley (103) & Paul Hanratty (92)	No	302	-
In-Gear Quickvit Trainsharp	Andrew Morley (103), Ian Burgess (94) & James Brickell (93)	No	290	-
Eastbourne Rovers	Rob Rickson (94), David Cox (91) & Liz Lumber (86)	No	271	-
Crawley Wheelers	Stuart Nisbett (88), Ian Anderson (85) & Rob Hoodless (82)	No	255	-
Lewes Wanderers	Helen Millier (91), Duncan Fuller (85) & Steve Owles (78)	No	254	-
Hastings & St Leonards CC	Ian Hendry (87), Mark Brittle (84) & Simon Newell (81)	No	252	-
Lewes Wanderers	Naomi Dandridge (77), Debbie Evers (74) & Chris Hough (66)	No	217	-
Horsham Cycling	Bryn Reeves (74), Stuart Papworth (67) & Stephen Strickland (63)	No	204	-

## Veteran Individual Competition as at 20 June 2010

Steve Dennis edges up to first place with one point in hand, squeezing Dave Shepherd and Geoff Smith into joint second place. With both Dave and Geoff entering many of the same events it will be interesting to see if Geoff can block Dave in the short distances and vice versa for Dave in the long distances. Meanwhile Mel is biding his time, I dare say preparing to attack!

Veteran Rider	Club	Qualify	Best A Short	Best B Med Hilly	2nd Best B Med	3rd Best B Med	4th Best B Med	Best C Long	Total Score	Current Rank
Steve Dennis	East Grinstead CC	Yes	119	120	120	118	118	120	715	1
David Shepherd	GS Stella	Yes	117	120	120	120	119	118	714	= 2
Geoff Smith	Sussex Nomads	Yes	119	120	120	119	119	117	714	= 2
Paul Thatcher	Brighton Mitre	Yes	116	119	118	116	116	105	690	4
Johan Stegers	Lewes Wanderers	Yes	117	117	115	115	100	104	668	5
Robin Johnson	Brighton Mitre	Yes	115	115	110	109	108	103	660	6
Stuart Payne	Central Sussex CC	Yes	98	112	112	110	108	98	638	7
Peter Moon	Eastbourne Rovers	Yes	114	113	106	98	95	107	633	8
Iain Brogden	Eastbourne Rovers	No	118	119	118	103	0	109	567	-
Stuart Jago	Worthing Excelsior	No	0	118	114	113	99	111	555	-
Paul Valks	Sussex Nomads	No	117	113	107	106	0	111	554	-
Mel Robertson	Worthing Excelsior	No	119	119	120	118	0	0	476	-
Don Parker	Brighton Mitre	No	120	117	112	0	0	119	468	-
Michael Coyle	Brighton Mitre	No	117	117	114	0	0	118	466	-
Nick Dwyer	Lewes Wanderers	No	117	116	115	0	0	117	465	-
Jeremy Wootton	Worthing Excelsior	No	115	115	114	0	0	112	456	-
Oliver Tuckley	Lewes Wanderers	No	111	111	109	0	0	111	442	-
Nigel Langridge	Crawley Wheelers	No	103	115	106	0	0	109	433	-
Stephen Gaston	Lewes Wanderers	No	0	97	110	82	0	89	378	-

Veteran Rider	Club	Qualify	Best A Short	Best B Med Hilly	2nd Best B Med	3rd Best B Med	4th Best B Med	Best C Long	Total Score	Current Rank
Peter Baker	Lewes Wanderers	No	0	113	119	0	0	110	342	-
Mark Jones	GS Stella	No	113	112	108	0	0	0	333	-
Richard Gifford	In-Gear Quickvit Trainsharp	No	110	117	104	0	0	0	331	-
Kevin Burton	Eastbourne Rovers	No	107	105	104	0	0	0	316	-
Richard Woodward	East Grinstead CC	No	0	116	98	98	0	0	312	-
Ben Hardisty	East Grinstead CC	No	95	108	104	0	0	0	307	-
Richard Weatherstone	GS Stella	No	98	104	96	0	0	0	298	-
Robert Downham	Worthing Excelsior	No	85	113	0	0	0	96	294	-
Simon Yates	Lewes Wanderers	No	0	94	107	0	0	92	293	-
David Dallimore	VTTA (Surrey/Sussex)	No	119	0	117	0	0	0	236	-
Graham Jeffs	Lewes Wanderers	No	0	114	118	0	0	0	232	-
Christian Yates	East Grinstead CC	No	114	116	0	0	0	0	230	-
Tim Miles	Hastings & St Leonards CC	No	113	0	117	0	0	0	230	-
Elaine Scott	Brighton Excelsior	No	0	114	111	0	0	0	225	-
Paul Jefferies	VC Etoile	No	113	0	110	0	0	0	223	-
Alan Lloyd	Lewes Wanderers	No	0	0	105	0	0	115	220	-
Mark Paton	Sussex Nomads	No	109	110	0	0	0	0	219	-
Clive Jackson	Central Sussex CC	No	104	112	0	0	0	0	216	-
Stuart Medhurst	Eastbourne Rovers	No	110	0	0	0	0	106	216	-
Peter Weston	Worthing Excelsior	No	0	111	104	0	0	0	215	-
David Beale	Lewes Wanderers	No	0	0	116	0	0	98	214	-
John Mankelow	Lewes Wanderers	No	0	0	101	0	0	113	214	-
Hugh Procter	Lewes Wanderers	No	0	110	0	0	0	99	209	-
Tim Holmes	Brighton Mitre	No	97	110	0	0	0	0	207	-
Kevin Doe	Worthing Excelsior	No	101	0	0	0	0	104	205	-
Chris Chapman	Hastings & St Leonards CC	No	101	103	0	0	0	0	204	-
Paul Winkley	East Grinstead CC	No	102	100	0	0	0	0	202	-
Ade Fadero	Sussex Nomads	No	105	0	93	0	0	0	198	-
Samuel Ramsey	Lewes Wanderers	No	86	0	109	0	0	0	195	-
Tony Murphy	Eastbourne Rovers	No	100	0	0	0	0	95	195	-
Stuart Edmonds	Sussex Nomads	No	0	104	90	0	0	0	194	-
Andrew Parsons	Eastbourne Rovers	No	93	0	0	0	0	95	188	-
Chris Parker	Hastings & St Leonards CC	No	0	95	0	0	0	88	183	-
Ian Craig	VC Etoile	No	94	0	88	0	0	0	182	-
Harry Featherstone	Eastbourne Rovers	No	120	0	0	0	0	0	120	-
John Randall	Horsham Cycling	No	120	0	0	0	0	0	120	-
David Pollard	In-Gear Quickvit Trainsharp	No	0	0	119	0	0	0	119	-
Edward Boorman	East Grinstead CC	No	0	0	0	0	0	119	119	-
Alan Robinson	Central Sussex CC	No	118	0	0	0	0	0	118	-
Lee Holdaway	Hastings & St Leonards CC	No	0	118	0	0	0	0	118	-
Mike Levett	Lewes Wanderers	No	0	0	0	0	0	113	113	-
Horry Hemsley	Lewes Wanderers	No	0	0	112	0	0	0	112	-
Ivan Johnson	Hastings & St Leonards CC	No	0	112	0	0	0	0	112	-
Andrew Morley	In-Gear Quickvit Trainsharp	No	0	111	0	0	0	0	111	-
David Cox	Eastbourne Rovers	No	109	0	0	0	0	0	109	-
Ian Burgess	In-Gear Quickvit Trainsharp	No	0	108	0	0	0	0	108	-
Mark Pelling	In-Gear Quickvit Trainsharp	No	108	0	0	0	0	0	108	-
Nigel Reynolds	Worthing Excelsior	No	0	0	0	0	0	108	108	-
Mark Brittle	Hastings & St Leonards CC	No	0	105	0	0	0	0	105	-
Kevin Bashford	East Grinstead CC	No	0	0	0	0	0	103	103	-
Gregory Blackwell	Hastings & St Leonards CC	No	0	102	0	0	0	0	102	-
Peter Logan	Worthing Excelsior	No	0	0	0	0	0	102	102	-
Helen Millier	Lewes Wanderers	No	0	0	0	0	0	101	101	-
Ian Hendry	Hastings & St Leonards CC	No	0	101	0	0	0	0	101	-
Jay Chisnall	Brighton Mitre	No	101	0	0	0	0	0	101	-
Dave Abbott	GS Stella	No	100	0	0	0	0	0	100	-
Jon Carter	East Grinstead CC	No	100	0	0	0	0	0	100	-

Veteran Rider	Club	Qualify	Best A Short	Best B Med Hilly	2nd Best B Med	3rd Best B Med	4th Best B Med	Best C Long	Total Score	Current Rank
Konrad Pieterse	Eastbourne Rovers	No	99	0	0	0	0	0	99	-
Simon Newell	Hastings & St Leonards CC	No	0	99	0	0	0	0	99	-
Rob Luff	Brighton Excelsior	No	0	0	0	0	0	98	98	-
Ian Essex	Brighton Excelsior	No	0	96	0	0	0	0	96	-
Tim Carpenter	VTTA (Surrey/Sussex)	No	96	0	0	0	0	0	96	-
Paul Hanratty	Lewes Wanderers	No	95	0	0	0	0	0	95	-
Rob Rickson	Eastbourne Rovers	No	94	0	0	0	0	0	94	-
Debbie Evers	Lewes Wanderers	No	0	0	0	0	0	93	93	-
Michael Leonard	Brighton Mitre	No	92	0	0	0	0	0	92	-
Rob Hoodless	Crawley Wheelers	No	0	0	92	0	0	0	92	-
Dave Dalziel	Central Sussex CC	No	91	0	0	0	0	0	91	-
Liz Lumber	Eastbourne Rovers	No	91	0	0	0	0	0	91	-
Ian Anderson	Crawley Wheelers	No	0	0	0	0	0	90	90	-
Andrew Stobbart	Eastbourne Rovers	No	87	0	0	0	0	0	87	-
Steve Owles	Lewes Wanderers	No	0	0	0	0	0	87	87	-
Chris Hough	Lewes Wanderers	No	85	0	0	0	0	0	85	-
Bryn Reeves	Horsham Cycling	No	84	0	0	0	0	0	84	-
Kaye Dwyer	Lewes Wanderers	No	83	0	0	0	0	0	83	-
Steve Alden	Crawley Wheelers	No	0	0	83	0	0	0	83	-
Debbie O'Neill	VC Etoile	No	82	0	0	0	0	0	82	-
Stephen Strickland	Horsham Cycling	No	82	0	0	0	0	0	82	-

## Veteran Team Placings as at 20 June 2010

Club	Team Of Three Veteran Riders	Qualify	Total Score	Current Rank
Brighton Mitre	Paul Thatcher (690), Robin Johnson (660) & Don Parker (468)	No	1818	-
Lewes Wanderers	Johan Stegers (668), Nick Dwyer (465) & Oliver Tuckley (442)	No	1575	-
Eastbourne Rovers	Peter Moon (633), Iain Brogden (567) & Kevin Burton (316)	No	1516	-
Sussex Nomads	Geoff Smith (714), Paul Valks (554) & Mark Paton (219)	No	1487	-
Worthing Excelsior	Stuart Jago (555), Mel Robertson (476) & Jeremy Wootton (456)	No	1487	-
GS Stella	David Shepherd (714), Mark Jones (333) & Richard Weatherstone (298)	No	1345	-
East Grinstead CC	Steve Dennis (715), Richard Woodward (312) & Ben Hardisty (307)	No	1334	-
Lewes Wanderers	Stephen Gaston (378), Peter Baker (342) & Simon Yates (293)	No	1013	-
Central Sussex CC	Stuart Payne (638), Clive Jackson (216) & Alan Robinson (118)	No	972	-
Brighton Mitre	Michael Coyle (466), Tim Holmes (207) & Jay Chisnall (101)	No	774	-
Worthing Excelsior	Robert Downham (294), Peter Weston (215) & Kevin Doe (205)	No	714	-
Lewes Wanderers	Graham Jeffs (232), Alan Lloyd (220) & David Beale (214)	No	666	-
Lewes Wanderers	John Mankelow (214), Hugh Procter (209) & Samuel Ramsey (195)	No	618	-
Hastings & St Leonards CC	Tim Miles (230), Chris Chapman (204) & Chris Parker (183)	No	617	-
Crawley Wheelers	Nigel Langridge (433), Rob Hoodless (92) & Ian Anderson (90)	No	615	-
Eastbourne Rovers	Stuart Medhurst (216), Tony Murphy (195) & Andrew Parsons (188)	No	599	-
In-Gear Quickvit Trainsharp	Richard Gifford (331), David Pollard (119) & Andrew Morley (111)	No	561	-
East Grinstead CC	Christian Yates (230), Paul Winkley (202) & Edward Boorman (119)	No	551	-
VC Etoile	Paul Jefferies (223), Ian Craig (182) & Debbie O'Neill (82)	No	487	-
Brighton Excelsior	Elaine Scott (225), Rob Luff (98) & Ian Essex (96)	No	419	-
Hastings & St Leonards CC	Lee Holdaway (118), Ivan Johnson (112) & Mark Brittle (105)	No	335	-
Eastbourne Rovers	Harry Featherstone (120), David Cox (109) & Konrad Pieterse (99)	No	328	-
Lewes Wanderers	Mike Levett (113), Horry Hemsley (112) & Helen Millier (101)	No	326	-
Hastings & St Leonards CC	Gregory Blackwell (102), Ian Hendry (101) & Simon Newell (99)	No	302	-
Horsham Cycling	John Randall (120), Bryn Reeves (84) & Stephen Strickland (82)	No	286	-
Lewes Wanderers	Paul Hanratty (95), Debbie Evers (93) & Steve Owles (87)	No	275	-
Eastbourne Rovers	Rob Rickson (94), Liz Lumber (91) & Andrew Stobbart (87)	No	272	-
Worthing Excelsior	Nigel Reynolds (108), Peter Logan (102) & ()	No	210	-

# SCA SPOCO 2010 Qualifying Events

## Group A – Short Distance Events – 1 required

Code	Date	Club/Association		Dist	Course
A1	Sat 20 Mar 2010	SCCU	✓	10 m	G10/46
A2	Sat 03 Apr 2010	Brighton Mitre	✓	10 m	G10/44
A3	Sat 01 May 2010	SCA	✓	10 m	G10/97
A4	Mon 31 May 2010	Brighton Mitre	✓	10 m	GS/995
A5	Sat 19 Jun 2010	VTTA Surrey/Sussex	✓	10 m	G10/87
A6	Sat 28 Aug 2010	SCA		10 m	G10/45
A7	Sat 11 Sep 2010	ESCA		10 m	G10/87

## Group B – Medium Distance Events – 4 required including 1 hilly

Code	Date	Club/Association		Dist	Course	
B1	Sat 06 Feb 2010	GS Stella	✓	18 km	GS/988	Hilly
B2	Sun 07 Feb 2010	GS Stella	✓	34 km	GS/989	Hilly
B3	Sat 20 Feb 2010	Central Sussex CC	✓	17.48 m	GS/985	Hilly
B4	Sun 28 Feb 2010	SCA	✓	23 m	GS/194	Hilly
B5	Sun 07 Mar 2010	East Surrey RC	✓	29.9 m	GS/491	Hilly
B6	Sun 14 Mar 2010	ESCA	✓	15.06 m	GS/895	Hilly
B7	Sun 21 Mar 2010	SCCU	✓	25 m	G25/44	Hilly
B8	Mon 05 Apr 2010	Brighton Mitre	✓	25 m	GS/999	Hilly
B9	Sun 02 May 2010	SCA	✓	25 m	G25/93	
B10	Sat 12 Jun 2010	Redhill CC	✓	14 m	GS/189	Hilly
B11	Sun 20 Jun 2010	Lewes Wanderers	✓	30 m	G30/88	
B12	Sun 11 Jul 2010	Southborough Wheelers		25 m	G25/89	
B13	Sun 01 Aug 2010	Brighton Excelsior		25 m	G25/93	
B14	Sun 15 Aug 2010	Eastbourne Rovers		25 m	G25/89	
B15	Mon 30 Aug 2010	SCA		25 m	G25/49	
B16	Sun 19 Sep 2010	VTTA Surrey/Sussex		25 m	G25/89	
B17	Sun 17 Oct 2010	Bognor Regis CC *		27 m	P911	Hilly
B18	Sun 24 Oct 2010	Brighton Mitre		25 m	G25/93	

## Group C – Long Distance Events – 1 required

Code	Date	Club/Association		Dist	Course
C1	Sun 23 May 2010	Crawley Wheelers	✓	41.59 m	GS/196
C2	Sun 06 Jun 2010	SCA	✓	50 m	G50/10
C3	Sun 13 Jun 2010	ESCA	✓	50 m	G50/89
C4	Sun 27 Jun 2010	SCCU		50 m	G50/53
C5	Sun 25 Jul 2010	Bognor Regis CC		50 m	P901/50
C6	Sun 25 Jul 2010	SCCU		100 m	G100/60
C7	Sun 22 Aug 2010	ESCA		100 m	G100/86

## Remaining events in chronological order

C4	Sun 27 Jun 2010	SCCU	50 m	G50/53	Long	
B12	Sun 11 Jul 2010	Southborough Wheelers	25 m	G25/89	Medium	
C5	Sun 25 Jul 2010	Bognor Regis CC	50 m	P901/50	Long	
C6	Sun 25 Jul 2010	SCCU	100 m	G100/60	Long	
B13	Sun 01 Aug 2010	Brighton Excelsior	25 m	G25/93	Medium	Competition Update
B14	Sun 15 Aug 2010	Eastbourne Rovers	25 m	G25/89	Medium	
C7	Sun 22 Aug 2010	ESCA	100 m	G100/86	Long	
A6	Sat 28 Aug 2010	SCA	10 m	G10/45	Short	
B15	Mon 30 Aug 2010	SCA	25 m	G25/49	Medium	
A7	Sat 11 Sep 2010	ESCA	10 m	G10/87	Short	
B16	Sun 19 Sep 2010	VTTA Surrey/Sussex	25 m	G25/89	Medium	Competition Update
B17	Sun 17 Oct 2010	Bognor Regis CC *	27 m	P911	Med Hilly	
B18	Sun 24 Oct 2010	Brighton Mitre	25 m	G25/93	Medium	Final Standings

\* Change of promoter

The Bognor Goodwood Classic Hilly will now be promoted by Fraser Nurse of Southdown Velo

## SCA Championship Points Competition Update

The Sussex CA Points Competition is decided on the points awarded in the SCA County Championship Events – 20 points for 1st place down to 1 point for 20th place.

The **new Sussex CA 50 mile champion**, Dave Shepherd, takes the lead in the championship points competition with a winning time of 1:57:30 in less than perfect conditions.

Rank	Rider	Club	SCA 10	SCA 25	SCA 50	Points	Rides
1	David SHEPHERD	GS Stella	17	12	20	<b>49</b>	3
2	James RYAN	Lewes Wanderers	10	11	19	<b>40</b>	3
3	Nick DWYER	Lewes Wanderers	20	17	-	<b>37</b>	2
= 4	Michael COYLE	Brighton Mitre	19	16	-	<b>35</b>	2
= 4	Tony REEVES	GS Stella	9	8	18	<b>35</b>	3
6	Rob PELHAM	Lewes Wanderers	18	14	-	<b>32</b>	2
7	Iain BROGDEN	Eastbourne Rovers	16	13	-	<b>29</b>	2
8	Paul THATCHER	Brighton Mitre	14	6	8	<b>28</b>	3
9	Alan MACINNES	East Grinstead CC	13	10	-	<b>23</b>	2
10	Michael HUTCHINSON	In-Gear Quickvit Trainsharp	-	20	-	<b>20</b>	1
= 11	Steve DENNIS	East Grinstead CC	-	19	-	<b>19</b>	1
= 11	Mark JONES	GS Stella	15	4	-	<b>19</b>	2
= 13	Peter TADROS	In-Gear Quickvit Trainsharp	-	18	-	<b>18</b>	1
= 13	Richard GIFFORD	In-Gear Quickvit Trainsharp	11	7	-	<b>18</b>	2
15	Jeremy WOOTTON	Worthing Excelsior	-	-	17	<b>17</b>	1
16	Nigel LANGRIDGE	Crawley Wheelers	-	-	16	<b>16</b>	1
= 17	David POLLARD	In-Gear Quickvit Trainsharp	-	15	-	<b>15</b>	1
= 17	Nigel REYNOLDS	Worthing Excelsior	-	-	15	<b>15</b>	1
19	Don PARKER	Brighton Mitre	-	0	14	<b>14</b>	2
= 20	Sholto HAGGART	Brighton Mitre	13	-	-	<b>13</b>	1
= 20	Stuart MEDHURST	Eastbourne Rovers	0	-	13	<b>13</b>	2
22	Peter MOON	Eastbourne Rovers	0	0	12	<b>12</b>	3
23	Mike LEVETT	Lewes Wanderers	-	-	11	<b>11</b>	1
= 24	Tom GLANDFIELD	Lewes Wanderers	7	3	-	<b>10</b>	2
= 24	Alan LLOYD	Lewes Wanderers	-	0	10	<b>10</b>	2
= 24	Mel ROBERTON	Worthing Excelsior	5	5	-	<b>10</b>	2
= 27	Jon SHARPLES	In-Gear Quickvit Trainsharp	-	9	-	<b>9</b>	1
= 27	Johan STEGERS	Lewes Wanderers	8	1	-	<b>9</b>	2
= 27	Geoff SMITH	Sussex Nomads	0	0	9	<b>9</b>	3
30	Stuart JAGO	Worthing Excelsior	-	0	7	<b>7</b>	2
= 31	Mark PATON	Sussex Nomads	6	-	-	<b>6</b>	1
= 31	Nathan GALE	Worthing Excelsior	0	0	6	<b>6</b>	3
33	Adam FORD	Eastbourne Rovers	0	0	5	<b>5</b>	3
= 34	Kevin DOE	Worthing Excelsior	0	-	4	<b>4</b>	2
= 34	Richard WEATHERSTONE	GS Stella	4	0	-	<b>4</b>	2
= 36	Chris CHAPMAN	Hastings & St Leonards CC	3	-	-	<b>3</b>	1
= 36	Stuart PAYNE	Central Sussex CC	-	0	3	<b>3</b>	2
= 38	Rupert ROBINSON	Crawley Wheelers	-	2	-	<b>2</b>	1
= 38	Peter LOGAN	Worthing Excelsior	-	-	2	<b>2</b>	1
= 38	Mark STORIE	GS Stella	2	0	-	<b>2</b>	2
= 41	Helen MILLIER	Lewes Wanderers	-	-	1	<b>1</b>	1
= 41	Matt COOMBS	Lewes Wanderers	1	0	-	<b>1</b>	2
<b>Grand Total</b>			<b>211</b>	<b>210</b>	<b>210</b>	<b>631</b>	

### Remaining Qualifying Events

Sun 25 Jul 2010  
**SCCU 100m – G100/60**

Sun 05 Sep 2010  
**KCA 12 hour – Q12**

Sat 02 Oct 2010  
**SCA 1672yd HC – GH/92**